Community Health Needs Assessment

December 2016

Prepared by:
Orchard Hospital
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Introduction

Orchard Hospital located in Gridley, California is a 501(c)(3) Critical Access Hospital offering 24 hour emergency services, inpatient, outpatient and rural health clinic services. Orchard Hospital is dedicated to always providing the finest personalized healthcare to North Valley communities by offering a wide range of integrated services, from prevention through treatment to wellness.

Orchard Hospital is the only acute care hospital in Gridley, as well as along the Highway 99 corridor between Sacramento and Chico, providing much needed emergency care for travelers.

Orchard Hospital is certified for 24 general acute care beds (4 Monitored Beds and 20 Unspecified General Acute Care) and offers the following medical services:

- Cardiology
- Social Services
- Emergency Services
- Inpatient/Outpatient Surgery (General and Orthopedic)
- Imaging Services
- Respiratory Therapy
- Cardiopulmonary
- Laboratory
- Physical Therapy
- Senior Life Solutions
- Rural Health Clinic Services

Rural Health Clinic Services
- Laboratory
- Digital Radiology
- DEXA Scanning
- MRI
- Digital Mammography
- Ultrasound (General and Cardiac)
- Physicals
- Workers Comp
- Industrial Medicine
- Drug Screening
- Psychotherapy
- Interventional Pain Management
- Nephrology
- Podiatry
- Physical Therapy
- Internal Medicine
IMPACT EVALUATION

Together We Can! Healthy Living in Butte County and all Butte County hospitals have partnered to better understand and address the concerns of the community. The partnership has allowed the county and hospitals to work together, thru planning meetings to explore ideas, sharing assessment tools and data to address the needs of the county as a whole.

The agencies plan to continue their collaboration to further address the needs of the community. As this partnership continues to strengthen, it could possibly set forth best-practices for other agencies and hospitals in the country.

Orchard Hospital will continue to take part in the Together We Can! Healthy Living in Butte County collaboration. The hospital is currently a stake holder for many of the Community Health Improvement Plan goals and will continue their involvement in this county-wide initiative.

For this community health needs assessment, all Butte County Hospitals conducted follow-up focused conversations to gather community input. All focused conversations utilized the same guidelines that were prepared by the CHC and adopted from Community Health Assessment completed by Together We Can! Healthy Living in Butte County. To better address the needs of the community as a whole, all the follow-up focused conversations are summarized below.

In 2013 and 2014, health assessments conducted by Enloe Medical Center, Feather River Hospital, Orchard Hospital, Oroville Hospital and Together We Can! Healthy Living in Butte County identified the following top concerns: substance abuse, overweight/obesity, lack of exercise/physical activity, access to healthy food, mental health, diabetes, access to affordable health care, heart disease, shortage of primary care doctors/access to specialists, pulmonary issues in relation to tobacco use, secondhand smoke and asthma. The follow-up conversations from each of the hospitals revealed that community members agreed these concerns reflect the communities’ needs.

Other major concerns discussed in the follow-up conversations were transportation, language and cultural competency and sensitivity, community outreach, programs and resource awareness, health and nutrition education, elderly needs, Alzheimer’s and dementia resources, children’s health, and environmental issues related to air and water quality.

Community members suggested other improvements including: transportation services, safe disposal for medications, partnering with California State University, Chico, recruitment of more primary care physicians, veteran resources, collaboration between agencies to better provide for those who are substance abusers, homeless, and/or mentally ill, resources for cancer patients, increase school education and increase public knowledge.
During each hospital’s follow-up conversation, community members brought up concerns and suggestions. Enloe Medical Center’s community suggested resources, changes and improvements in the following areas: physical activity, outreach, volunteer opportunities to promote healthy lifestyle, communication, housing access, veteran resources, behavioral health clinic, telemedicine, air quality, water quality conservation, homeless population, housing, and mental health. Feather River Hospital’s community suggested improvements for the following areas: domestic violence, homelessness, children’s health and nutrition, pain medication prescription and management, education on healthy habits and lifestyle, and access to healthy food. Orchard Hospital’s community members suggested a Blue Zone Initiative for overall well-being, cardiac events, resources for substance addiction and abuse, physical activity opportunities, healthy heart events, mental health resources, obstetrics and gynecology (OB/GYN) services, tobacco use education, and youth outreach. Oroville Hospital’s community members suggested collaboration between agencies to better provide for the community, veterans resources, transportation assistance, community education opportunities, resources for substance abusers and the homeless, tobacco education, additional health care services, broader scope of healthcare, and that the hospital look for ways to motivate community members to engage and utilize available resources.

The overall focused conversations revealed many overlapping needs between the communities such like transportation services, resources for substance abuse, mental health and homelessness, community outreach to racial and ethnic minorities, seniors, youth and veterans, health and nutrition education, the need for more primary care physicians and specialists, and collaboration among agencies to better meet the needs of these communities.

The World Health Organization (WHO) envisions an integrated people-centered approach to health services. The WHO defines integrated people-centered health services as putting the needs of people and communities, not diseases, at the center of health systems, and empowering people to take charge of their own health. The five interwoven strategies for moving towards integrated people-centered health services are: 1) empowering and engaging people and communities, 2) strengthening governance and accountability, 3) reorienting the model of care, 4) coordinating services within and across sectors and 5) creating an enabling environment.\(^1\) With established partnerships, implementation strategies, goals, and future collaborations,

Butte County hospitals and Together We Can! Healthy Living in Butte County are taking a crucial step to create a healthier community.

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Methods

Together We Can! Healthy Living in Butte County and all Butte County hospitals have partnered to better understand and address the concerns of the community. The partnership has allowed the county and hospitals to work together, by meeting to explore ideas, sharing assessment tools and data to address the needs of the county as a whole. This CHNA report was completed in compliance with the IRS requirements described in section 501(r)(3) of the Internal Revenue Code.

CHNA Advisory Committee was formed collaboratively among local hospitals. The team was tasked with completing the objectives outlined by the IRS CHNA requirements and consisted of the following members:

- Orchard Hospital – Lyndi Little Wallace, Director of Marketing and Community Outreach; Jay Croy, RN, Education/Infection Prevention
- Enloe Medical Center – Deanna Reed, Community Outreach Coordinator
- Butte County Department of Public Health – Gene Azparren, Program Manager, Accreditation
- Butte County Department of Public Health Sandy Henley, Public Health Epidemiologist
- Oroville Hospital- Shanna Roelofson, Director of Marketing
- Feather River Hospital – Courtney Rasmussen, Marketing and Communication

Community Served Determination

The service area for Orchard Hospital was created with input from the Orchard Hospital CHNA Advisory Committee. The definition includes Butte County. Specific key findings and prioritized needs were based on data obtained in the survey from the Gridley, Biggs and Richvale area.

CHNA Process and Methods Used to Conduct the 2013-2016 Assessment

In order to capture an accurate picture of the health needs of our community as possible, in 2013 Orchard Hospital partnered with Butte County Public Health, as well as the neighboring hospitals to conduct the Community Health Needs Assessment. Beginning in August 2016, the collaborative team collected new data to evaluate the 2013 implementation strategies

PHASE 1:

We had a team research publicly available secondary data from four online sources: CountyHealthRankings.org, CHNA.org, HealthIndicators.gov and QuickFacts.Census.gov. Demographic information about members of our community was gathered, in addition to information about a variety of health behaviors, social and economic factors, and health outcomes. The information compiled was used to initiate in-depth discussions during Phase 2 of the project, as well as to shape the questions asked in our Community Health Focus Group meetings in Phase 3.
PHASE 2:
Beginning in the spring of 2014, hundreds of state and local agency representatives and community members joined the Butte County Public Health Department in forming the Together We Can! Healthy Living in Butte County partnership. The partnership embarked on a year-long evaluation process to determine the county’s health status and prioritize areas for improvement.

In April of 2015, results of the initiative were published in the 2015-2017 Community Health Assessment (CHA), which informed the partnership and the community at large of several health areas warranting improvement efforts in Butte County. Of these, the highest priorities were determined to be substance abuse, socioeconomic factors that influence health, and chronic disease. The partnership then coalesced in order to identify community assets and strategies to achieve positive gains in these priority health areas, and aligned them in the 2015-2017 Community Health Improvement Plan.

<table>
<thead>
<tr>
<th>Priority Areas</th>
<th>Community Health Objectives</th>
</tr>
</thead>
<tbody>
<tr>
<td>Substance Abuse</td>
<td>• Implement best-practices for managing prescription pain medications in all area hospitals.</td>
</tr>
<tr>
<td></td>
<td>• Provide Continuing Medical Education (CME) for Butte County prescribing providers regarding prescription opioid misuse and abuse.</td>
</tr>
<tr>
<td></td>
<td>• Reduce lifetime and last 30 day tobacco, alcohol (including binge drinking), and marijuana use among Butte County adolescents.</td>
</tr>
<tr>
<td></td>
<td>• Increase Treatment Providers Association (TPA) meeting attendance.</td>
</tr>
<tr>
<td>Socioeconomic Factors that Influence Health</td>
<td>• Increase participation in Butte County Women, Infants, &amp; Children (WIC) and CalFresh programs.</td>
</tr>
<tr>
<td></td>
<td>• Establish and maintain a community garden in a low-income area.</td>
</tr>
<tr>
<td></td>
<td>• Increase utilization of Butte 2-1-1 by homeless persons to connect with social services such as transitional housing.</td>
</tr>
<tr>
<td>Chronic Disease and Conditions</td>
<td>• Reduce adult and adolescent tobacco/ nicotine product use.</td>
</tr>
<tr>
<td></td>
<td>• Increase local elementary schools’ capacity to meet daily physical activity requirements.</td>
</tr>
</tbody>
</table>

PHASE 3:
Beginning in August 2016, the collaborative team collected new data to evaluate the 2013 implementation strategies. This data was collected from a variety of local events in Gridley to present a community profile. Implementation strategies performed by Orchard Hospital reported to CHNA.
Primary Data Collection

A community survey was distributed to local organizations within Gridley. The survey was developed to capture input regarding health needs in the community. A copy of this survey can be found in Appendix 3.

Secondary Data Collection

Secondary data was collected from a variety of local, county and state resources to present a community profile, death characteristics, access to health care, chronic diseases, social issues and other demographic characteristics. Data was collected and presented at the county level and wherever possible, compared to the State of California.

The secondary data collected for this analysis was collected from the following sources:

- California Department of Public Health County Health Status Profiles 2014
- California State Census for 2010
- United States Census Bureau
- County Health Rankings (www.countyhealthrankings.org)
- Health Indicators Warehouse (www.healthindicators.gov)

Third Data Collection

Third data was collected in 2016 to evaluate the 2013 implementation strategies. This data was collected from a variety of local events in Gridley to present a community profile. Implementation strategies performed by Orchard Hospital reported to CHNA.

Meeting Sites
- Gridley Rotary Club
- National Night Out
- Farmers Market

Information Gaps

There were no major gaps in information for this CHNA as demographic and health status information was available at the county level.
Community/Demographic Profile
(Primary Data Results)

Butte County encompasses 1636.46 square miles and has an approximate population of 220,000. There are 134.4 persons per square mile in the county with the California average of 239.1 persons per square mile. The highest point is Humboldt Peak at 7,870 feet and the lowest point is 90 feet above sea level.

Population

<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Gridley</td>
<td>6584</td>
<td>6567</td>
<td>-0.26%</td>
<td>-17</td>
</tr>
<tr>
<td>Butte County</td>
<td>220,000</td>
<td>221,539</td>
<td>0.69%</td>
<td>1539</td>
</tr>
<tr>
<td>California</td>
<td>37,253,956</td>
<td>38,041,430</td>
<td>2.11%</td>
<td>787,474</td>
</tr>
</tbody>
</table>

Population by Age

Butte County has a general population of approximately 220,000 of which Gridley, Biggs and Richvale make up 8,535.

![2010 Age Distribution Chart]

- Gridley
- Butte County
- California
Population by Race and Ethnicity

<table>
<thead>
<tr>
<th>Race</th>
<th>Gridley No.</th>
<th>Gridley %</th>
<th>Butte County No.</th>
<th>Butte County %</th>
<th>California No.</th>
<th>California %</th>
</tr>
</thead>
<tbody>
<tr>
<td>White Alone</td>
<td>4,283</td>
<td>65.1%</td>
<td>189,669</td>
<td>86.2%</td>
<td>21,453,934</td>
<td>57.59%</td>
</tr>
<tr>
<td>Hispanic or Latino</td>
<td>2,987</td>
<td>45.4%</td>
<td>220,000</td>
<td>100.0%</td>
<td>14,750,686</td>
<td>38.4%</td>
</tr>
<tr>
<td>Black Alone</td>
<td>55</td>
<td>0.84%</td>
<td>3,415</td>
<td>1.55%</td>
<td>2,299,072</td>
<td>6.17%</td>
</tr>
<tr>
<td>American Indian &amp;</td>
<td>98</td>
<td>1.49%</td>
<td>4,395</td>
<td>2.00%</td>
<td>362,801</td>
<td>0.97%</td>
</tr>
<tr>
<td>Asian Alone</td>
<td>249</td>
<td>3.78%</td>
<td>9,057</td>
<td>4.12%</td>
<td>4,861,007</td>
<td>13.05%</td>
</tr>
<tr>
<td>Pacific Islander Alone</td>
<td>3</td>
<td>0.05%</td>
<td>452</td>
<td>0.21%</td>
<td>144,386</td>
<td>0.39%</td>
</tr>
<tr>
<td>Some Other Race Alone</td>
<td>1,552</td>
<td>23.57%</td>
<td>12,141</td>
<td>5.52%</td>
<td>6,317,372</td>
<td>16.96%</td>
</tr>
<tr>
<td>Two or More Races</td>
<td>344</td>
<td>5.22%</td>
<td>10,444</td>
<td>4.75%</td>
<td>1,815,384</td>
<td>4.87%</td>
</tr>
</tbody>
</table>

Income

Income data was analyzed for Butte County and compared to the state of California and the Nation. 2011 census data reveals that the Median household income for Gridley & Butte County is lower than the State and Nation.

<table>
<thead>
<tr>
<th>2014</th>
<th>Gridley</th>
<th>Butte County</th>
<th>California</th>
<th>USA</th>
</tr>
</thead>
<tbody>
<tr>
<td>Median Household Income</td>
<td>$35,455</td>
<td>$43,165</td>
<td>$61,933</td>
<td>$53,657</td>
</tr>
</tbody>
</table>

Poverty

<table>
<thead>
<tr>
<th>2011</th>
<th>Butte County No.</th>
<th>Butte County %</th>
<th>California No.</th>
<th>California %</th>
</tr>
</thead>
<tbody>
<tr>
<td>Under age 5</td>
<td>N/A</td>
<td>N/A</td>
<td>614,837</td>
<td>24.7%</td>
</tr>
<tr>
<td>Ages 5-17</td>
<td>8,259</td>
<td>25.6%</td>
<td>1,431,148</td>
<td>21.7%</td>
</tr>
<tr>
<td>All Ages</td>
<td>48,784</td>
<td>22.6%</td>
<td>6,121,726</td>
<td>16.6%</td>
</tr>
</tbody>
</table>
SUBSTANCE-RELATED AND ADDICTIVE DISORDERS

The most recently released edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM-V) treats substance abuse and dependence as a continuum with mild to severe symptoms. Generally, substance abuse is less severe and thought of as the over consumption of an addictive substance such as alcohol (e.g. binge drinking), while substance dependence is more severe and is marked by the development of tolerance for the substance and symptoms of psychological and physiological withdrawal in its absence (e.g. delirium tremens). The American Society of Addiction Medicine defines addiction as “a primary, chronic disease of brain reward, motivation, memory and related circuitry” adding that “dysfunction in these circuits leads to characteristic biological, psychological, social and spiritual manifestations reflected in an individual pathologically pursuing reward and/or relief by substance use and other behaviors.” Substance-related and addictive disorders impose an incredible cost to individuals, families, and society, with an estimated financial strain annually in the U.S. of over half a trillion dollars. These disorders often occur simultaneously with other health problems (e.g. comorbid disorders), including mental health conditions and chronic pain among others.

Alcohol abuse

One of the most common forms of alcohol abuse is binge drinking. Binge drinking is defined as having had five or more drinks on a single occasion at least once in the past month. It is associated with health problems including: unintentional injuries; intentional injuries; alcohol poisoning; liver disease; sexually transmitted diseases; and cardiovascular diseases among others.

Table Status-1: Adult binge drinking in the past year; 2014

<table>
<thead>
<tr>
<th>Binge drinking in the past year</th>
<th>Butte</th>
<th>California</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Population</td>
<td>Percentage</td>
</tr>
<tr>
<td>No binge drinking in past year</td>
<td>111,000</td>
<td>63.8%</td>
</tr>
<tr>
<td>Binge drinking in past year</td>
<td>63,000</td>
<td>36.2%</td>
</tr>
<tr>
<td>Total</td>
<td>174,000</td>
<td>100.0%</td>
</tr>
</tbody>
</table>

Source: 2014 California Health Interview Survey

In Butte County, adults age 18 and over reported binge drinking at a slightly higher rate than the statewide rate in 2014 (see Table Status-1). This is likely influenced by the percentage of young adults attending college and universities in Butte County, as statewide and national data suggest that binge drinking is a particular concern among college age adults, with over fifty percent of college students

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2 http://www.asam.org/for-the-public/definition-of-addiction
3 http://www.drugabuse.gov/related-topics/trends-statistics
4 http://www.cdc.gov/alcohol/fact-sheets/binge-drinking.htm
reporting binge drinking nationally\(^5\).

Underage drinking is associated with a wide range of health, social, and academic challenges. Teen alcohol consumption has been linked to risky health behaviors such as unprotected sex and impaired driving, poor academic performance, physical and/or dating violence, motor vehicle accidents, crime, and suicide attempts\(^6\).

### Table Status-2: Binge Drinking by Grade Level in Butte County and California, 2011 - 2013

<table>
<thead>
<tr>
<th>Grade</th>
<th>0 days</th>
<th>1 day</th>
<th>2 days</th>
<th>3-9 days</th>
<th>10-19 days</th>
<th>20-30 days</th>
</tr>
</thead>
<tbody>
<tr>
<td>7th Grade</td>
<td>95.4%</td>
<td>1.6%</td>
<td>0.9%</td>
<td>0.7%</td>
<td>0.4%</td>
<td>1.1%</td>
</tr>
<tr>
<td>9th Grade</td>
<td>88.7%</td>
<td>3.1%</td>
<td>2.6%</td>
<td>2.9%</td>
<td>2.3%</td>
<td>2.8%</td>
</tr>
<tr>
<td>11th</td>
<td>77.8%</td>
<td>4.9%</td>
<td>5.3%</td>
<td>6.9%</td>
<td>2.9%</td>
<td>2.8%</td>
</tr>
<tr>
<td>All</td>
<td>87.6%</td>
<td>3.1%</td>
<td>2.9%</td>
<td>3.4%</td>
<td>1.2%</td>
<td>1.8%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Grade</th>
<th>0 days</th>
<th>1 day</th>
<th>2 days</th>
<th>3-9 days</th>
<th>10-19 days</th>
<th>20-30 days</th>
</tr>
</thead>
<tbody>
<tr>
<td>7th Grade</td>
<td>94.8%</td>
<td>1.9%</td>
<td>0.9%</td>
<td>0.9%</td>
<td>0.5%</td>
<td>0.9%</td>
</tr>
<tr>
<td>9th Grade</td>
<td>88.7%</td>
<td>3.8%</td>
<td>2.3%</td>
<td>2.3%</td>
<td>1.0%</td>
<td>1.9%</td>
</tr>
<tr>
<td>11th</td>
<td>79.3%</td>
<td>6.3%</td>
<td>4.2%</td>
<td>6.0%</td>
<td>2.0%</td>
<td>2.2%</td>
</tr>
<tr>
<td>All</td>
<td>86.4%</td>
<td>4.3%</td>
<td>2.7%</td>
<td>3.4%</td>
<td>1.4%</td>
<td>1.9%</td>
</tr>
</tbody>
</table>

Source: 2011 - 2013 California Healthy Kids Survey (CHKS)

Excessive alcohol consumption that continues into adulthood can have long-term consequences. The rate of binge drinking among teenagers in Butte County is slightly lower than for the state of California overall (see *Table Status-2*).

### Illicit substance abuse

The use of illicit substances (e.g. street drugs) is associated with adverse effects on both short and long term physiological, neurological, and behavioral health. These include cardiovascular disease, stroke, cancer, HIV/AIDS, hepatitis, and lung disease; as well as an increased risk for mood, anxiety, and other mental health disorders.

The use of marijuana by teens is associated with poor academic performance, delinquency and aggressive behavior\(^36\). Smoking marijuana can trigger anxiety attacks, memory impairment, coordination loss, increased heart rate, breathing problems, and/or cognitive deficits\(^36\).


The percentage of teens in Butte County who reported ever trying marijuana, inhalants, or the recreational use of prescription drugs was lower than in California overall, except for female marijuana use which was slightly higher for Butte County (see Figure Status-1).

**Table Status-3: Health consequences\(^1\) of alcohol and drug abuse, ED treat and release rates, 2014**

<table>
<thead>
<tr>
<th>Location</th>
<th>Alcohol</th>
<th>Drugs of Abuse</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Number</td>
<td>Rate</td>
</tr>
<tr>
<td>Butte County</td>
<td>2,270</td>
<td>1,011.1</td>
</tr>
<tr>
<td>California</td>
<td>294,430</td>
<td>763.8</td>
</tr>
</tbody>
</table>

Source: California Office of Statewide Health Planning and Development, Emergency Department Patient Data Report generated from http://epicenter.cdph.ca.gov on: June 03, 2016. Rates are per 100,000 people in the population.

\(^1\) Health consequences include alcohol and drug (AOD) poisoning (overdoses), mental disorders, and physical diseases 100% attributable to AOD, but not indirect consequences of AOD (e.g., motor vehicle injuries due to AOD impairment).

Patients frequently present at hospital Emergency Departments (ED) seeking treatment for acute substance and alcohol related conditions such as an unintentional drug overdose or alcohol poisoning. The ED treatment and release rates for conditions related to both alcohol and drugs abuse were considerably higher for Butte County than for California overall (see Table Status-3).
**Tobacco**
Smoking and tobacco use are contributing risk factors for a number of adverse health conditions including heart disease, stroke and respiratory illnesses. Smoking and tobacco use during adolescence may lead to additional unhealthy behavior and substance abuse, and almost all smokers begin in adolescence\(^7\). Research demonstrates that the density of tobacco retailers located near schools is directly associated with adolescent smoking. Restricting access to retail tobacco sources for adolescent youth through local ordinances has been shown to reduce rates of smoking.

**Table Status-4: Tobacco retail density**

<table>
<thead>
<tr>
<th>Local Lead Agency</th>
<th>2012 Census County Population Estimate</th>
<th>Tobacco Retailer Count</th>
<th>Retailers per 1,000 Population</th>
<th>Number Retailers w/in 1000 feet of a School</th>
<th>Percent Retailers w/in 1000 feet of a School</th>
</tr>
</thead>
<tbody>
<tr>
<td>Butte</td>
<td>221,539</td>
<td>237</td>
<td>1.07</td>
<td>58</td>
<td>24.47%</td>
</tr>
<tr>
<td>California</td>
<td>38,016,323</td>
<td>36777</td>
<td>0.97</td>
<td>10066</td>
<td>27.37%</td>
</tr>
</tbody>
</table>

Source: California Board of Equalization (BOE) List of Licensed Tobacco Retailers, 11/30/2012
All retailers on the BOE list are included

In Butte County the tobacco retail density is one tobacco retailer location per 1,000 people, which is just slightly higher than for California overall. However, the percent of tobacco retailers within half a mile of a school is slightly lower for the state overall than for Butte County (see *Table Status-4*).

**Social Economic Factors**

**Socioeconomic status (SES)** is a measure of a family’s or individual’s social and economic position. It is based on education, income, and occupation. An assessment of community health in Butte County would be incomplete without measuring the SES of its residents. SES greatly influences an individual’s access to resources that are important for health, such as: healthcare, education, safe and affordable housing, food, and recreation. Access to these resources helps facilitate good health and wellbeing (see *Table Status-5 2006-2013 data*).

**Household Income**
Household income refers to the combined income of all people living in one home. Household income includes: salaries and wages, retirement income, government assistance, and capital gains from investments such as real estate or stocks and bonds. The median household income for Butte County is considerably lower than for California overall, as well as nationally (see Table Status-6 2012-2014 data).

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\(^7\) Youth and Tobacco Use. (2013). *Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Office on Smoking and Health.* Retrieved from: http://www.cdc.gov/tobacco/data_statistics/fact_sheets/youth_data/tobacco_use/
Table Status-5: Socioeconomic 2006-2013

<table>
<thead>
<tr>
<th>CHNA 2013 Data</th>
</tr>
</thead>
<tbody>
<tr>
<td>Topic</td>
</tr>
<tr>
<td>---</td>
</tr>
<tr>
<td><strong>Children</strong></td>
</tr>
<tr>
<td>Children in Poverty</td>
</tr>
<tr>
<td><strong>Education</strong></td>
</tr>
<tr>
<td>Population with No High School Diploma</td>
</tr>
<tr>
<td>High School Graduation Rate</td>
</tr>
<tr>
<td>Some college</td>
</tr>
<tr>
<td>College degree: adults 25+ (percent)</td>
</tr>
<tr>
<td><strong>Finance</strong></td>
</tr>
<tr>
<td>Median Household Income (dollars)</td>
</tr>
<tr>
<td>Population Receiving Medicaid*</td>
</tr>
<tr>
<td>Poverty Estimated (percent)</td>
</tr>
<tr>
<td>Unemployment Rate</td>
</tr>
<tr>
<td><strong>Insurance</strong></td>
</tr>
<tr>
<td>Uninsured: persons less than 65 years (percent)</td>
</tr>
</tbody>
</table>

*Approximately 71.07% of patients seen at ORCHARD HOSPITAL are Medicare or MediCal insured.

Table Status-6: Median Household Income in Butte County, California, and U.S., 2012-2014.

<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Butte County</td>
<td>$40,960</td>
<td>$42,752</td>
<td>$43,365</td>
</tr>
<tr>
<td>California</td>
<td>$58,328</td>
<td>$60,190</td>
<td>$61,933</td>
</tr>
<tr>
<td>United States</td>
<td>$51,371</td>
<td>$52,250</td>
<td>$53,657</td>
</tr>
</tbody>
</table>

Source: U.S. Census Bureau, 2012-2014 American Community Survey.
- Median Income in inflation adjusted dollars for each year.
CHRONIC DISEASES

Chronic diseases account for roughly 2 out of 3 deaths worldwide. In the United States, chronic non-communicable health conditions are the top driver of healthcare costs. These health conditions are often a result of lifestyle choices and behaviors, and in many instances are preventable. A quarter of adults and three quarters of seniors in the U.S. have multiple chronic conditions, which increases the complexity, severity, and the cost of their care.

The Center for Medicare and Medicaid Services (CMS) is the largest third party payer of medical expenses in the U.S., and most hospitals receive a significant portion of their reimbursement for care from CMS. CMS tracks data for 17 chronic conditions among its beneficiaries, as these account for the majority of CMS spending on healthcare.

Cardiovascular Disease

Cardiovascular diseases are diseases of the heart and the blood vessels throughout the body, including the blood vessels of the brain. Examples of cardiovascular disease include: coronary heart disease; heart failure; sudden cardiac death; hypertensive heart disease; irregular heartbeat (arrhythmia/atrial fibrillation); heart attack (myocardial infarction); and stroke (cerebrovascular disease). Heart disease and stroke are common health issues, with Butte County reporting increased risk for both over the state and national numbers (see table status- 7A).

Table Status-7A: Cardiovascular Health

<table>
<thead>
<tr>
<th>Topic</th>
<th>CHNA 2013 Data</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Butte County</td>
</tr>
<tr>
<td>Cardiovascular Health</td>
<td></td>
</tr>
<tr>
<td>High blood pressure: adults 18+</td>
<td>20%</td>
</tr>
<tr>
<td>Heart Disease Prevalence</td>
<td>5%</td>
</tr>
<tr>
<td>Stroke deaths (per 100,000)</td>
<td>60</td>
</tr>
<tr>
<td>Stroke Mortality</td>
<td>47</td>
</tr>
</tbody>
</table>

Table Status-7B 2016: Adults diagnosed with coronary heart disease or angina.

<table>
<thead>
<tr>
<th>Report Area</th>
<th>Population Aged 18+</th>
<th>Adults with Heart Disease</th>
<th>Percent of Adults with Heart Disease</th>
</tr>
</thead>
<tbody>
<tr>
<td>Butte County</td>
<td>229,609</td>
<td>15,603</td>
<td>6.8%</td>
</tr>
<tr>
<td>California</td>
<td>28,256,677</td>
<td>974,929</td>
<td>3.5%</td>
</tr>
<tr>
<td>United States</td>
<td>236,406,904</td>
<td>10,407,185</td>
<td>4.4%</td>
</tr>
</tbody>
</table>

Source: Centers for Disease Control and Prevention, Behavioral Risk Factor Surveillance System. Additional data analysis by CARES. 2011-12. Source geography: County

---


Chronic morbidity and high mortality rates are associated with these diseases. In fact, coronary heart disease is the leading cause of death in the United States, and the second leading cause of death in Butte County. Lower socioeconomic status (SES) is associated with increased risk for cardiovascular disease including heart failure (cardiac arrest)\textsuperscript{11}. In Butte County, approximately 7% of the total population is living with heart disease, which is higher than both California overall and the nation (see Table Status-7B).

**Heart Disease and Health Insurance**

At-risk groups for heart disease and other chronic conditions have historically been uninsured and underinsured. These groups have historically faced considerable barriers to healthcare services, including the high costs associated with care for heart disease, and are less likely to seek preventive care or less intensive levels of care during less advanced stages of disease (see table status-7C).

<table>
<thead>
<tr>
<th>Ever diagnosed with heart disease</th>
<th>Uninsured</th>
<th>Medicaid</th>
<th>Employment-based</th>
<th>Privately purchased</th>
<th>Other public</th>
<th>All</th>
</tr>
</thead>
<tbody>
<tr>
<td>Butte County</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Has heart disease</td>
<td>9.5%*</td>
<td>9.1%*</td>
<td>1.9%*</td>
<td>-</td>
<td>-</td>
<td>4.7%*</td>
</tr>
<tr>
<td>Doesn't have heart disease</td>
<td>90.5%*</td>
<td>90.9%*</td>
<td>98.1%*</td>
<td>100.0%*</td>
<td>100.0%*</td>
<td>95.3%*</td>
</tr>
<tr>
<td></td>
<td>18,000</td>
<td>34,000</td>
<td>75,000</td>
<td>7,000</td>
<td>1,000</td>
<td>134,000</td>
</tr>
<tr>
<td>California</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Has heart disease</td>
<td>3.1%</td>
<td>6.9%</td>
<td>2.2%</td>
<td>1.9%*</td>
<td>13.0%*</td>
<td>3.5%</td>
</tr>
<tr>
<td></td>
<td>127,000</td>
<td>322,000</td>
<td>280,000</td>
<td>36,000</td>
<td>70,000</td>
<td>835,000</td>
</tr>
<tr>
<td>Doesn't have heart disease</td>
<td>96.9%</td>
<td>93.1%</td>
<td>97.8%</td>
<td>98.1%*</td>
<td>87.0%*</td>
<td>96.5%</td>
</tr>
<tr>
<td></td>
<td>3,951,000</td>
<td>4,359,000</td>
<td>12,275,000</td>
<td>1,815,000</td>
<td>470,000</td>
<td>22,870,000</td>
</tr>
</tbody>
</table>

**Clinic Care and Health Outcomes**

Cancer is the leading cause of death in Butte County. It is characterized by the uncontrolled growth and spread of abnormal cells and consists of more than 100 different diseases. The risk of developing cancer increases with age and varies by gender and race. As the average age of the population has increased, so has the incidence of cancer. Family history of cancer is also associated with risk for these diseases. Up to 80.0% percent of all cancers are related to lifestyle or environmental factors, such as smoking and diet. Changes in lifestyle or environmental conditions may greatly reduce the incidence of cancer. Opportunities exist to reduce the burden of cancer through improved prevention, early detection, and treatment. For instance, there is convincing evidence that screening for colorectal cancer reduces the death rate (mortality rate) in adults between the ages of 50 and 75. Early detection is key to the effective treatment of many cancers and can be lifesaving. In addition, the cost of treating cancer is significantly lower if detected early (see table status-8A).

Between 2009 and 2013, the average number of people at risk for cancer annually in Butte County was 220,542. Over this time period a total of 6,411 cases of invasive cancer were diagnosed, with an average of 1,282 people diagnosed per year. The age-adjusted rate for all cancers in Butte County was 478.9 cases per 100,000 people, which was notably higher than for the state of California overall (see Table Status-8B).

Breast Cancer Incidence

Breast cancer is a malignant tumor that starts in the cells of the breast and is the most common type of cancer in women of every race and ethnicity in California. The incidence rate of breast cancer in Butte County ranks as the 6th highest out of all 58 counties in California.
Table Status-8C CHNA 2016 Data: Female Breast Cancer Incidence Rates in Butte County, 2009-2013

<table>
<thead>
<tr>
<th>Year</th>
<th>2009</th>
<th>2010</th>
<th>2011</th>
<th>2012</th>
<th>2013</th>
<th>5 Year Average</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Cases</td>
<td>201</td>
<td>174</td>
<td>184</td>
<td>139</td>
<td>151</td>
<td>169.8</td>
</tr>
<tr>
<td>Age-Adjusted Rate</td>
<td>158.3</td>
<td>136.5</td>
<td>139.0</td>
<td>106.4</td>
<td>106.4</td>
<td>129.3</td>
</tr>
<tr>
<td>California Age-Adjusted Rate</td>
<td>135.4</td>
<td>132.3</td>
<td>127.2</td>
<td>105.5</td>
<td>98.0</td>
<td>119.7</td>
</tr>
</tbody>
</table>


Note: All rates are per 100,000. Rates are age-adjusted to the 2000 U.S. Standard Population.

Between 2009 and 2013, the average number of women at risk for breast cancer annually in Butte County was 109,275. Over this time period a total of 849 cases of invasive breast cancer were diagnosed, with an average of 170 people diagnosed per year. The age-adjusted rate for incidence of female breast cancer in Butte County was 129.3 per 100,000, which was slightly higher than for California overall (see Table Status-8C).

Prostate Cancer Incidence

Prostate cancer is one of the most commonly diagnosed cancers in men, and the second leading cause of cancer related male deaths after skin cancer.

Table Status-8D CHNA data 2016: Prostate Cancer Incidence Rates in Butte County, 2009-2013

<table>
<thead>
<tr>
<th>Year</th>
<th>2009</th>
<th>2010</th>
<th>2011</th>
<th>2012</th>
<th>2013</th>
<th>5 Year Average</th>
</tr>
</thead>
<tbody>
<tr>
<td>Population at Risk</td>
<td>107571</td>
<td>108319</td>
<td>108784</td>
<td>108866</td>
<td>109036</td>
<td>108515</td>
</tr>
<tr>
<td>Total Cases</td>
<td>196</td>
<td>197</td>
<td>199</td>
<td>170</td>
<td>185</td>
<td>189</td>
</tr>
<tr>
<td>Age-Adjusted Rate</td>
<td>162.12</td>
<td>162.30</td>
<td>156.77</td>
<td>133.31</td>
<td>139.55</td>
<td>150.8</td>
</tr>
<tr>
<td>California Age-Adjusted Rate</td>
<td>155.13</td>
<td>140.70</td>
<td>134.23</td>
<td>129.57</td>
<td>124.61</td>
<td>136.4</td>
</tr>
</tbody>
</table>


Note: All rates are per 100,000. Rates are age-adjusted to the 2000 U.S. Standard Population.

Between 2009 and 2013, the average number of men at risk for prostate cancer annually in Butte County was 108,515. Over this time period a total of 947 cases of invasive prostate cancer were diagnosed, with an average of 189 people diagnosed per year. The age-adjusted rate for incidence of male prostate cancer in Butte County was 150.8 per 100,000, which was higher than for California overall (see Table Status-38).
Diabetes

Diabetes (mellitus) is a group of chronic diseases characterized by high blood glucose levels resulting from defects in insulin production, insulin action, or both. It is associated with high morbidity and mortality rates. The most common types of diabetes are: type 1, type 2, and gestational diabetes. Serious complications from diabetes include kidney damage and chronic kidney disease, nerve damage, risk of amputation, blindness, stroke, heart disease, complications in pregnancy, and even premature death. However, people with diabetes can take steps to control symptoms of the disease and lower their risk for complications.

### Table Status-9A CHNA data 2010-2013

<table>
<thead>
<tr>
<th>Topic</th>
<th>Butte County</th>
<th>CA</th>
<th>US</th>
<th>Difference</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>Diabetes adults (percent)</td>
<td>9%</td>
<td>9%</td>
<td>-</td>
<td>0%</td>
<td>2010</td>
</tr>
<tr>
<td>Diabetic screening</td>
<td>79%</td>
<td>81%</td>
<td>90%</td>
<td>3%</td>
<td>2013</td>
</tr>
<tr>
<td>Diabetes Management (Hemoglobin A1c Test)</td>
<td>79%</td>
<td>81%</td>
<td>84%</td>
<td>2%</td>
<td>2010</td>
</tr>
</tbody>
</table>

There is a clear link between obesity and type 2 diabetes in that as the rate of obesity increases so does the rate of type 2 diabetes. According to the 2011-2012 California Health Interview Survey (CHIS), approximately 9% of the adult Butte County population has been diagnosed with some form of diabetes, with nearly 17% of the population age 65 and over being diagnosed. This is consistent with national trends, as the overall rate of adults diagnosed with diabetes has been rapidly increasing, with the highest percentage of new cases occurring in adults age 55 and over\(^\text{12}\). Diagnoses of type 2 diabetes increase with age due to a decreased level of activity and exercise, loss of muscle mass, and increase in weight\(^\text{13}\).

Cases of diabetes during pregnancy include both pre-existing and gestational diabetes. Gestational diabetes is defined as diabetes first diagnosed during pregnancy in which a woman’s glucose tolerance may return to normal after delivery; however, her risk for developing diabetes remains high. All forms of diabetes during pregnancy may result in complications during labor and delivery. According to the 2011-2012 CHIS, the rate of pre-existing or gestational diabetes during pregnancy in Butte County is slightly higher (about 7 cases per 100 pregnancies) than for California (about 5 cases per 100 pregnancies).

\(^{12}\) http://www.cdc.gov/diabetes/statistics/age/fig1.htm

\(^{13}\) http://www.mayoclinic.org/diseases-conditions/type-2-diabetes/basics/risk-factors/con-20031902
Pulmonary Health
The number of reported deaths due to chronic lower respiratory disease in Butte County is more than double that of the state. Chronic bronchitis, emphysema and asthma – all conditions associated with chronic lower respiratory disease – may be affected by Butte County’s higher than average tobacco use (see Table Status 10A).

<table>
<thead>
<tr>
<th>Table Status-10A CHNA data 2010-2013</th>
</tr>
</thead>
<tbody>
<tr>
<td>Topic</td>
</tr>
<tr>
<td>Butte County</td>
</tr>
<tr>
<td>CA</td>
</tr>
<tr>
<td>US</td>
</tr>
<tr>
<td>Difference</td>
</tr>
<tr>
<td>Year</td>
</tr>
<tr>
<td>Pulmonary Health</td>
</tr>
<tr>
<td>Asthma Prevalence</td>
</tr>
<tr>
<td>Chronic lower respiratory disease (CLRD) deaths (per 100,000)</td>
</tr>
<tr>
<td>Air Quality</td>
</tr>
<tr>
<td>Daily fine particulate matter</td>
</tr>
</tbody>
</table>

Asthma
Asthma is a chronic, often lifelong condition in which inflammation of the airways to the lungs occurs, making breathing difficult. It is a rapidly increasing health problem and is a leading cause of school and workplace absences and hospitalization, especially among children.

<table>
<thead>
<tr>
<th>Table Status-10B 2016 CHNA data: Adults ever diagnosed with asthma, 2011-2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>Butte County</td>
</tr>
<tr>
<td>--------------------------------</td>
</tr>
<tr>
<td>Butte County</td>
</tr>
<tr>
<td>California</td>
</tr>
</tbody>
</table>

* Statistically unstable: an unstable cell has not met the criteria for a minimum number of respondents needed AND/OR has exceeded an acceptable value for coefficient of variance.
(hyphen) = Estimate is less than 500 people.

According to the California Health Interview Survey, a higher percentage of adults in Butte County have been diagnosed with asthma than in California overall. This was true of all racial and ethnic groups for which data was available, except Hispanic/Latino (see Table Status-10B 2016 CHNA Data).
Table Status-10C 2016 CHNA Data: Asthma hospitalizations rates per 10,000 residents in 2012.

<table>
<thead>
<tr>
<th>Age</th>
<th>Butte County</th>
<th>California</th>
</tr>
</thead>
<tbody>
<tr>
<td>0-4 Years</td>
<td>24</td>
<td>22.1</td>
</tr>
<tr>
<td>5-17 Years</td>
<td>4.1</td>
<td>7.8</td>
</tr>
<tr>
<td>All Ages (children and adults)</td>
<td>8.3</td>
<td>8.6</td>
</tr>
</tbody>
</table>

Source: Office of Statewide Health Planning and Development (OSHPD), 2012

Children without access to regular medical care are more likely to suffer from serious asthmatic attacks that may result in repeated absences from school, trips to the emergency room, and even hospitalization. In Butte County, the asthma related hospitalization rate for children from birth to four years old is 24 hospitalizations per 10,000 residents, which is slightly higher than the rate for California overall. For Butte County, children between the ages 5 and 17 the rate is about 4 hospitalizations per 10,000 residents, which is lower than the statewide rate for children in this age group (see Table Status-10C 2016 CHNA Data).

Table Status-10D 2016 CHNA data: Expected Asthma ED Visits Payment Type for Butte County and California, 2010.

<table>
<thead>
<tr>
<th>Payment Source</th>
<th>Butte County</th>
<th>California</th>
</tr>
</thead>
<tbody>
<tr>
<td>Medicare</td>
<td>15.4%</td>
<td>12.6%</td>
</tr>
<tr>
<td>Medi-Cal</td>
<td>54.9%</td>
<td>37.1%</td>
</tr>
<tr>
<td>Private</td>
<td>18.1%</td>
<td>31.1%</td>
</tr>
<tr>
<td>Other</td>
<td>11.7%</td>
<td>19.3%</td>
</tr>
</tbody>
</table>

Source: Office of Statewide Health Planning and Development (OSHPD), 2010.

A much higher percentage of patients presenting with asthma related conditions in Butte County (54.9%) emergency departments are Medi-Cal beneficiaries than in California overall (37.1%). In order to qualify for Medi-Cal, a family or individual must earn less than 138% of the federal poverty level (see Table Status-10D 2016 CHNA data). This highlights the influence that socio-economic status may be playing in relation to asthma in Butte County. Furthermore, results of the most recent California Health Interview Study (CHIS) indicated a substantially higher percentage of Medi-Cal beneficiaries report being current smokers in Butte County (42.0%) than in California overall (19.0%), which is a major risk factor for the development of asthma in both the direct form and via second hand smoke.
Chronic Obstructive Pulmonary Disease
Chronic Obstructive Pulmonary Disease (COPD) is the third leading cause of death in the United States. It is a progressive disease and its symptoms frequently worsen across time\textsuperscript{14}. The leading factor for the development of COPD is smoking. However, exposure to air pollution, chemical fumes, or dust over long periods of time may also lead to the development of COPD. It is an obstructive disease, meaning that air flow into and out of the lungs is diminished. This prevents oxygen from being exchanged for carbon dioxide waste in the lungs, causing less oxygenated blood and body tissues\textsuperscript{15}. It is most frequently diagnosed in middle aged and older adults, and has no cure. However, progress of the disease may be diminished by lifestyle changes such as quitting smoking, and undergoing treatment for the condition.

\begin{figure}
\centering
\includegraphics[width=\textwidth]{COPD_diagram.png}
\caption{Adult lifetime COPD diagnosis}
\end{figure}

\textit{Figure Status-2: Percent of adults 18 and over diagnosed with COPD.}

A slightly higher percentage of the adult population in Butte County than in California overall have been diagnosed with COPD, including chronic bronchitis and emphysema (see \textit{Figure Status-2}).

\section*{MENTAL HEALTH}

The World Health Organization (WHO) defines mental health as “a state of well-being in which every individual realizes his or her own potential, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to her or his community”. The

\textsuperscript{14} http://www.nhlbi.nih.gov/health/health-topics/topics/copd

\textsuperscript{15} http://www.lung.org/lung-disease/copd/about-copd/understanding-copd.html
WHO estimates that about half of the world's population is affected by a mental health disorder at some point in their lifetime. Mental health disorders can impact an individual’s self-esteem, interpersonal and professional relationships, and ability to function in everyday life. An individual's mental health can also impact their physical health and patterns of behavior. For example, it is well known that individuals diagnosed with clinical depression experience more pain, and are at a higher risk of developing substance use disorders\(^1\),\(^2\),\(^3\).

Pervious 2013 CHNA Data Mental health concerns and suicide deaths are issues facing Butte County residents, with significantly higher than state averages according to 2010 reports (see table status-11A).

### Table Status-11A CHNA data 2010-2013

<table>
<thead>
<tr>
<th>Topic</th>
<th>Butte County</th>
<th>CA</th>
<th>US</th>
<th>Difference</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mental Health</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mentally Unhealthy Days: Adults (per person)</td>
<td>6</td>
<td>4</td>
<td>-</td>
<td>2</td>
<td>2010</td>
</tr>
<tr>
<td>Physically or Mentally Unhealthy Days: Adults (per person)</td>
<td>10</td>
<td>7</td>
<td>-</td>
<td>3</td>
<td>2010</td>
</tr>
<tr>
<td>Suicide Deaths (per 100,000 pop.)</td>
<td>24</td>
<td>11</td>
<td>12</td>
<td>13</td>
<td>2010</td>
</tr>
</tbody>
</table>

Rates of premature death and years of potential life lost before age 75 are both reported significantly higher than state averages (see table status-11B).

### Table Status-11A CHNA data 2010-2013

<table>
<thead>
<tr>
<th>Topic</th>
<th>Butte County</th>
<th>CA</th>
<th>US</th>
<th>Difference</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>Miscellaneous</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Alzheimer’s disease deaths (per 100,000)</td>
<td>64</td>
<td>29</td>
<td>27</td>
<td>35</td>
<td>2010</td>
</tr>
<tr>
<td>Fall deaths (per 100,000)</td>
<td>11</td>
<td>6</td>
<td>8</td>
<td>5</td>
<td>2010</td>
</tr>
<tr>
<td>Premature Death</td>
<td>8,637</td>
<td>5,971</td>
<td>7,131</td>
<td>2,666</td>
<td>2008- 2010</td>
</tr>
<tr>
<td>Years of potential life lost before age 75 (per 100,000)</td>
<td>7,944</td>
<td>5,570</td>
<td>6,811</td>
<td>2,374</td>
<td>2008- 2010</td>
</tr>
</tbody>
</table>


The Butte County Department of Behavioral Health serves patients of all ages seeking treatment for mental health conditions. In 2014, the leading mental health diagnoses for both adults and youth (under age 18) receiving care at the Butte County Department of Behavioral Health were mood disorders, such as depression. The second leading diagnoses in adults were substance use disorders. When substance abuse is combined with a high rate of poverty, chances of suicide are increased. In contrast, adjustment disorders (poor coping in response to stressful events) were the second leading diagnosis for youth under the age of 18 in Butte County (see Figure Status-3A). Of note, results of the Healthy Living in Butte County survey indicate that residents identifying as LGBT+ are significantly more likely to be concerned about mental health than residents identifying as exclusively heterosexual. Nationally, LGBT+ populations are more susceptible to depression and have a higher suicide rate than the general population\(^\text{19}\).

Suicide
Suicide and suicidal behaviors affect people of all ages, ethnicities, religions, socioeconomic groups and geographic locations. Suicidal behavior is influenced by an array of biological, psychological, social, environmental and cultural risk factors. Suicide is the tenth leading cause of death in the nation.20

Table Status-11C 2016 CHNA data: Suicide three-year average rates per 100,000 population, Butte County and California, 2012-2014.

<table>
<thead>
<tr>
<th>County of residence</th>
<th>2013 Population</th>
<th>2012-2014 Deaths (3 year average)</th>
<th>Crude death rate</th>
<th>Age-adjusted death rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Butte County</td>
<td>222,035</td>
<td>35.7</td>
<td>16.1</td>
<td>15.5</td>
</tr>
<tr>
<td>California</td>
<td>38,202,206</td>
<td>4,014.0</td>
<td>10.5</td>
<td>10.2</td>
</tr>
</tbody>
</table>

Source: California Department of Public Health, 2012-2014 Death Statistical Master Files.

Suicide rates in rural areas tend to be higher than in urban settings. It is likely that the number of suicides reported each year is lower than the actual number that occurs due to the negative social stigma associated with committing suicide. Between 2012 and 2014 there was an average of nearly 36 deaths attributed to suicide per year in Butte County. When this 3 year average is adjusted to calculate the crude death rate (e.g. the average number of suicides per year divided by the population, times 100,000), it is clear that suicide is roughly one and a half times as common per capita in Butte County as in California overall. This also holds true when these rates are adjusted for age (see Table Status-11C).

Table Status-11D: Age-adjusted suicide rates by gender in Butte County, California, and the U.S. per 100,000 population, 2009-2013.

<table>
<thead>
<tr>
<th>Report Area</th>
<th>Male Suicide Rate</th>
<th>Female Suicide Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Butte County</td>
<td>29.0</td>
<td>8.3</td>
</tr>
<tr>
<td>California</td>
<td>16.3</td>
<td>4.6</td>
</tr>
<tr>
<td>United States</td>
<td>19.9</td>
<td>5.2</td>
</tr>
</tbody>
</table>


Males are significantly more likely to commit suicide, but females are more likely to report attempting suicide.21 In Butte County, the suicide rate among men is significantly higher than women. However, both men and women in Butte County have higher suicide rates than California overall and the United States (see Table Status-11D). Factors thought to underlie the gender specific difference in suicide rates include men being more likely to attempt suicide by gunshot which results in death more frequently, and that women are more likely to seek treatment for depression, a major risk factor for suicide.

20 http://www.cdc.gov/nchs/data/nvsr/nvsr61/nvsr61_06.pdf

Table Status-11E 2016 CHNA data: Five year suicide and nonfatal self-inflicted injury hospitalizations and emergency room visits\(^1\) by method in Butte County, 2010 through 2014.

<table>
<thead>
<tr>
<th>Method of Suicide/Self Inflicted Injury</th>
<th>Death attributed to Suicide, (2009 – 2013)</th>
<th>Self-inflicted injury resulting in Hospitalization</th>
<th>Self-inflicted injury resulting in Emergency Department visit</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Number</td>
<td>Percent</td>
<td>Number</td>
</tr>
<tr>
<td>Cut/Pierce</td>
<td>7</td>
<td>3.4%</td>
<td>74</td>
</tr>
<tr>
<td>Firearm</td>
<td>106</td>
<td>51.2%</td>
<td>8</td>
</tr>
<tr>
<td>Hanging/Suffocation</td>
<td>43</td>
<td>20.8%</td>
<td>6</td>
</tr>
<tr>
<td>Jump</td>
<td>6</td>
<td>2.9%</td>
<td>9</td>
</tr>
<tr>
<td>Poisoning</td>
<td>37</td>
<td>17.9%</td>
<td>699</td>
</tr>
<tr>
<td>Other</td>
<td>8</td>
<td>3.9%</td>
<td>20</td>
</tr>
<tr>
<td>Total</td>
<td>207</td>
<td>100.0%</td>
<td>816</td>
</tr>
</tbody>
</table>


\(^1\) Self-inflicted nonfatal injuries include many that are not necessarily "attempted suicides" (e.g., cut/pierce injuries and low-dose poisonings).

Additional risk factors for suicide include: a family history of suicide or past suicide attempts, mental or physical illness, substance abuse, stressful life events, and incarceration. According to the data collected by the California Vital Statistics Death Files and California Office of Statewide Health Planning and Development, poisoning is the most common form of intentional, self-inflicted, non-fatal injury resulting in hospitalization. Of all reported suicides, firearms were the most common method used, followed by hanging/suffocation and poisoning (see Table Status-11E).

Veterans Mental Health

Men and women who have served in the U.S. military are at a higher risk than the general population for specific mental health issues. Between 2000 and 2007, a third of patients in the U.S. being treated at the Veterans Health Administration were diagnosed with a mental health disorder. Twenty percent were diagnosed with posttraumatic stress disorder (PTSD), and fourteen percent were diagnosed with depression. PTSD is thought to develop after a terrifying experience, or series of experiences, involving physical harm or the threat of physical harm. While it is frequently associated with veterans returning from combat, it may also occur in the general population due to traumatic experiences such as child abuse, car accidents, plane crashes, natural disasters, or rape. It is characterized by three categories of symptoms: re-experiencing (flashbacks, nightmares), avoidance (trouble remembering the event, avoiding places or objects that are reminders of the experience), and hyper-arousal (being on edge or easily startled\(^2\)).

In 2015, the leading mental health diagnosis for veterans seeking care at the Butte County Department of Behavioral Health was mood disorders, such as depression, followed by substance use disorders, PTSD, and schizophrenia (see Figure Status-3B). These are the leading mental health diagnoses among veterans nationally\(^{23}\). Roughly fifteen percent of patients identifying as veterans while seeking care at the Butte County Department of Behavioral Health indicated they were homeless at the time of treatment. This is considerably higher than the percent of adults seeking treatment overall that indicated they were homeless (8.6%), and is of particular concern as homeless veterans have been shown to be at a significantly higher risk of developing a substance use disorder\(^{24}\). Of note is that exposure to “theatre of combat” while serving increases the risk for developing mental health disorders, and there is a well-documented shortage of mental health care providers in the Veterans Health Administration, with less than half of veterans reporting adequate access to mental health care services. The level of rurality experienced by veterans in Butte County may also be a factor in their ability to obtain adequate mental health care services, as there are likely transportation and other geographic barriers to accessing care.

\(^{23}\) [http://www.samhsa.gov/veterans-military-families](http://www.samhsa.gov/veterans-military-families)

There is increased concern for suicide risk in the veteran population. In the United States, an active duty military member commits suicide every 36 hours\textsuperscript{25}, and a veteran commits suicide every 80 minutes\textsuperscript{26}. Suicide has accounted for significantly more deaths among active duty military and veterans of the Iraq / Afghanistan conflicts than deaths from combat, with suicide among active duty Army reaching the highest rate ever recorded in 2012\textsuperscript{27}. Understanding and reducing deaths from suicide among veterans is a national priority. The American Psychiatric Association reports that veteran males in the U.S. have twice the risk for suicide than non-veteran males. Veteran females are three times more likely to commit suicide than non-veteran females.

From 2009 to 2013, the suicide rate per 100,000 population among veterans was roughly three times as high as non-veterans age 18 and over in Butte County (see Figure Status-3C).


\textsuperscript{26} http://www.cnas.org/files/documents/publications/CNAS_LosingTheBattle_HarrellBerglass.pdf

\textsuperscript{27} http://www.samhsa.gov/veterans-military-families.
Patterns of suicide risk across age groups differ among veterans, compared with risks in the general population. Older veterans are understood to have higher risks for suicide than younger veterans. In Butte County, veterans between the ages of 65-84 years have a higher risk for committing suicide than other veteran age groups (see Figure Status-3D). This is observed on a national level as well, with approximately 7 out of 10 veteran suicides occurring in veterans over the age of 50\textsuperscript{28}. Factors other than age that increase the risk for suicide among veterans include: being male, having access to guns, and living in a rural area.

**Mental Health and Addiction Parity**

In the U.S., the Department of Health and Human Services estimates that fewer than 1 out of 5 people are living completely free of any mental health concerns. People with both short term and chronic mental health conditions often go unrecognized and untreated. This is associated with shortened life span, lower rates of full time and steady employment, and higher rates of homelessness.

One reason that people with mental health concerns frequently go untreated is due to a negative stigma often associated with mental health disorders. Symptoms of both mental health and substance use disorders have frequently been viewed as failings of character rather than attributed to a medical condition. The stigma associated with mental health disorders remains a major barrier to treatment for people experiencing symptoms.

\textsuperscript{28} http://www.va.gov/opa/docs/Suicide-Data-Report-2012-final.pdf
Table Status-11F CHNA 2016 data: Adults over age 18 reporting difficulties/delays obtaining care for mental health in Butte County and California, 2005.

<table>
<thead>
<tr>
<th>Report Area</th>
<th>Had difficulties or delays</th>
<th>Didn't have difficulties or delays</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Number</td>
<td>Percent</td>
<td>Number</td>
</tr>
<tr>
<td>Butte County</td>
<td>4,000</td>
<td>10.4%*</td>
<td>36,000</td>
</tr>
<tr>
<td>California</td>
<td>357,000</td>
<td>6.5%</td>
<td>5,149,000</td>
</tr>
</tbody>
</table>

Source: 2005 California Health Interview Survey

* Statistically unstable: an unstable cell has not met the criteria for a minimum number of respondents needed AND/OR has exceeded an acceptable value for coefficient of variance; - (hyphen) = Estimate is less than 500 people.

Historically, there have also been financial barriers to treatment distinct from general medical conditions such that insurers were less likely to include coverage for mental health services. However, the federal Mental Health Parity and Addiction Equity Act of 2008 has required all group health insurance plans that offer mental health benefits to do so at a level equivalent to those offered for general medical care, including benefits for substance use disorder treatment. Among adults in Butte County who reported a need for assistance with mental health, slightly more than ten percent reported difficulties or delays in receiving care (see Status-11F).

AGING AND SENIOR RELATED HEALTH

Falls in Older Adults

The danger and effect of falls is a major factor influencing the health and independence of California’s aging and senior population. Annually, approximately one third of California’s seniors will fall. These falls result in 213,000 visits to the emergency room, and more than 60,000 hospital admissions29. More than 40.0% of seniors who are hospitalized with a hip fracture are unable to continue living independently, and 25.0% die within a year of sustaining the injury43. The high level of medical expenses associated with falls also place a considerable financial burden on those involved with both care and treatment of the patient. Research indicates that preventive efforts for seniors, specifically multi-factorial fall risk assessments and individually tailored interventions, can result in fewer hospitalizations and reduced medical costs.

Table Status-12: Fall related injury and death rates among seniors in Butte County, 2014

<table>
<thead>
<tr>
<th>Age group</th>
<th>Non-Fatal department visits</th>
<th>Non-Fatal Hospitalizations</th>
<th>Deaths Due to Fall</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Butte County</td>
<td>California</td>
<td>Butte County</td>
</tr>
<tr>
<td>50-64</td>
<td>2,385.6</td>
<td>1,642.8</td>
<td>595.3</td>
</tr>
<tr>
<td>65-84</td>
<td>3,545.9</td>
<td>3,209.0</td>
<td>1,647.1</td>
</tr>
<tr>
<td>85+</td>
<td>10,781.3</td>
<td>10,198.8</td>
<td>6,041.7</td>
</tr>
<tr>
<td>Total (age 50+)</td>
<td>3,423.9</td>
<td>2,680.8</td>
<td>1,387.1</td>
</tr>
</tbody>
</table>

29 California Department of Health Services, Epidemiology and Prevention for Injury Control Branch
Orchard Hospital
Community Health Needs Assessment
2016

Source: California Vital Statistics Death Files and California Office of Statewide Health Planning and Development
* Rates are not displayed if they are based on fewer than 20 cases because they are not reliable.
Rates are calculated per 100,000 population.

In 2014, the rates of both fall related injuries and deaths among adults age 50 and over in Butte County were considerably higher than those of California overall. The rates for both Butte County and California were highest for non-fatal emergency department visits, followed by non-fatal hospitalizations and death (see Table Status-12).

HEALTH CARE AND PREVENTIVE SERVICES

Health insurance is important at every age and provides access to healthcare including opportunities for screenings, vaccinations, and testing for chronic diseases. Having access to primary and preventative care through health insurance helps to prevent the development of health issues and provide treatment at their onset. This can slow the progress of symptoms and minimize the development of chronic disease. Lack of access to health services leads to poor health outcomes and results in substantial economic costs.

Health Insurance Status

Health equity is reached when all people have the opportunity to make choices that allow them to live a long, healthy life, regardless of their income, education or ethnic background. Access to high quality health care services is essential for achieving health equity. In order to improve quality of life in Butte County, residents must have access to care and be well informed about their treatment choices. People without health insurance face considerable financial barriers to high quality and appropriate medical care. This often results in forgoing routine checkups, preventative care, and medical treatments during initial stages of disease until symptoms become more advanced and are more costly to treat.

![Figure Status-4: Percentage of people with and without Health Insurance Coverage in 2014](Source: U.S. Census Bureau, 2014 American Community Survey 1-Year Estimates)
The Healthy People 2020 objective is for one hundred percent of people to have health insurance. In 2014, percentages of those with and without health insurance were equivalent in both Butte County and California overall (see Figure Status-4).

**CAUSES OF DEATH**

All deaths that occur in Butte County are reported with detailed information including: age; race/ethnicity of the deceased person; place of residence at the time of death; cause of death; and other characteristics. Butte County’s population varies regionally across several key demographics, including age. That is, in different geographic areas of the county, there are considerable differences in the percentage of people representing specific age groups. For instance, there are likely more young adults between the ages 18 and 25 residing in the downtown Chico area (near the CSU Chico campus) than living in Paradise. When comparing across geographic areas, the Age Adjusted Death Rate (AADR), is typically used to control for the influence that different age distributions might have on the frequency of causes of death.

**Table Status-12: Mortality rates in Butte County and California, 2011-2013.**

<table>
<thead>
<tr>
<th>Cause of Death</th>
<th>Butte County (age adjusted death rates)</th>
<th>California Current (age adjusted death rates)</th>
<th>National Objective</th>
</tr>
</thead>
<tbody>
<tr>
<td>All causes</td>
<td>791.3</td>
<td>641.1</td>
<td>a</td>
</tr>
<tr>
<td>All Cancers</td>
<td>179.0</td>
<td>151.0</td>
<td>161.4</td>
</tr>
<tr>
<td>Coronary Heart Disease</td>
<td>103.3</td>
<td>103.8</td>
<td>103.4</td>
</tr>
<tr>
<td>Accidents (un-intentional injuries)</td>
<td>60.4</td>
<td>27.9</td>
<td>36.4</td>
</tr>
<tr>
<td>Chronic Lower Respiratory Disease</td>
<td>55.7</td>
<td>35.9</td>
<td>a</td>
</tr>
<tr>
<td>Lung Cancer</td>
<td>45.7</td>
<td>33.6</td>
<td>45.5</td>
</tr>
<tr>
<td>Cerebrovascular Disease (stroke)</td>
<td>44.1</td>
<td>35.9</td>
<td>34.8</td>
</tr>
<tr>
<td>Alzheimer's Disease</td>
<td>41.3</td>
<td>30.8</td>
<td>a</td>
</tr>
<tr>
<td>Drug-induced Deaths</td>
<td>32.6</td>
<td>11.1</td>
<td>11.3</td>
</tr>
<tr>
<td>Prostate Cancer</td>
<td>25.0</td>
<td>20.2</td>
<td>21.8</td>
</tr>
<tr>
<td>Female Breast Cancer</td>
<td>19.4</td>
<td>20.7</td>
<td>20.7</td>
</tr>
<tr>
<td>Diabetes</td>
<td>17.5</td>
<td>20.8</td>
<td>b</td>
</tr>
<tr>
<td>Suicide</td>
<td>16.8</td>
<td>10.2</td>
<td>10.2</td>
</tr>
<tr>
<td>Influenza/ Pneumonia</td>
<td>15.6</td>
<td>16.3</td>
<td>a</td>
</tr>
<tr>
<td>Chronic Liver Disease</td>
<td>14.9</td>
<td>11.7</td>
<td>8.2</td>
</tr>
<tr>
<td>Colorectal Cancer</td>
<td>13.3</td>
<td>13.9</td>
<td>14.5</td>
</tr>
<tr>
<td>Firearm-Related Deaths</td>
<td>12.0</td>
<td>7.8</td>
<td>9.3</td>
</tr>
<tr>
<td>Motor Vehicle Accidents</td>
<td>10.6</td>
<td>7.6</td>
<td>12.4</td>
</tr>
<tr>
<td>Homicide</td>
<td>4.4*</td>
<td>5.1</td>
<td>5.5</td>
</tr>
</tbody>
</table>

Sources: California Department of Public Health, 2011-2013 Death Statistical Master Files.

a. Healthy People 2020 (HP 2020) National Objective has not been established.
b. National Objective is based on both underlying and contributing cause of death which requires use of multiple cause of death files.

The leading cause of death in Butte County between 2011 and 2013 was cancer, with an AADR of 179.3 deaths per 100,000 people. Other causes of death, in order of greatest to least frequent AADR’s were coronary heart disease, accidents (un-intentional injuries), chronic lower respiratory disease, stroke (cerebral vascular disease), and Alzheimer’s disease. Cancer was also the leading cause of death for California overall, followed by coronary heart disease, stroke, chronic lower respiratory disease, Alzheimer’s disease, and accidents (see Table Status-12).
Summary of Key Findings and Prioritized Needs
Response to the Community Health Needs Assessment

A list of organizations that participated in the community input through focus groups can be found in Appendix 1. These focus groups were selected because they represented the broad interest of the community served by Orchard Hospital. Collectively, they advocate on behalf of the medically underserved, low income and minority populations within the community through their organizations.

In August of 2016, focused groups were held at community events and service clubs. The survey was distributed at that time. Respondents were asked to prioritize and rank health issues from 2013, important factors for a healthy community, most challenging risky behaviors, and greatest needs affecting children’s health. Questions can be found in Appendix 2.

The following were identified through the survey process as being the most important health problems facing our local community (in order of response received):

1. Obesity-Nutrition, Healthy Choices
2. Diabetes
3. Substance Abuse-Tobacco-Drugs and Alcoholism
4. Heart Disease/ High Blood Pressure
5. COPD/ Asthma/ Respiratory/Lung Disease
6. Mental Health Issues- Suicide, Alzheimer’s and Dementia
7. Cancer
8. Stroke
9. Sexually Transmitted Diseases

The health needs were prioritized by the community within the service area of Orchard Hospital. The criteria used to prioritize the health needs can be found in Appendix 4.
Existing Health Care and other Facilities and Resources

A complete list of health care and other facilities available within the community to meet the health needs including location, contact information and description of services can be found in Appendix 5.

Implementation Plan

Once the health needs were prioritized by the Orchard Hospital Administration, the final step in the CHNA process was to develop an implementation strategy. The purpose of the implementation strategy is to develop a clear set of goals to respond to the priorities identified. This strategy will include a written plan that addresses each of the community health needs identified through the CHNA, describe how the hospital plans to meet the health needs, and identify health needs the hospital does not intend to meet and why.

The following implementation strategy components within each priority were addressed:

1. Objectives/Strategy
2. How
3. Programs/Resources to Commit
4. Impact of Programs/Resources on Health Need
5. Accountable Parties
6. Partnerships/Collaboration

The detailed implementation strategy for each priority can be found in Appendix 6. In summary the following priorities were addressed through the implementation strategy:

1. Obesity
2. Diabetes
3. Substance Abuse/Cancer-“Tobacco”
4. Heart Disease/High Blood Pressure
5. Mental Health Issues
6. Teen Pregnancy/Obstetrics and Gynecology services
7. Respiratory/Lung Disease/ COPD
8. Stroke
9. Suicide

The implementation strategy detail for each priority located in Appendix 6 provides supporting tactics, programs/resources, accountable parties, and potential partnerships/collaboration.
Form 990 (Schedule H) Reference Chart

A reference chart was created for the purposes of the Form 990 (Schedule H) Internal Revenue Service requirements. A chart of requirements and the corresponding page referencing the indicated task can be found in **Appendix 7**.
Appendix 1
List of Participating Organizations for Community Input

Rotary Club of Gridley
This group represents the needs of the entire community including but not limited to; the needs of the senior population, low-income population, medically underserved, needs of children throughout the community and the minority population.

The group includes local business owners, Attorney’s, City Administrator, law enforcement, education, foster care and the medical community (doctors, nurses, etc).

COMMUNITY EVENTS

National Night Out
This group represents the needs of the entire community including but not limited to; the needs of the senior population, low-income population, medically underserved, younger community at the middle and high school level and the minority population.

Farmers Market
This group represents the needs of the entire community including but not limited to; the needs of the senior population, low-income population, medically underserved, younger community at the middle and high school level and the minority population.
Appendix 2
2016 CHNA Focused Conversation Reporting Form

Community Members

<table>
<thead>
<tr>
<th>Questions:</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. In 2013 and 2014, Orchard Hospital and the Together We Can! Healthy Living in Butte County partnership conducted a community health needs assessment to identify our community’s top health needs. The following concerns were identified: Obesity and Diabetes and Pulmonary Issues (smoking, asthma).</td>
</tr>
<tr>
<td>a. Do you agree these are the top concerns of our community?</td>
</tr>
<tr>
<td>b. If no, what is/are the reason(s)?</td>
</tr>
<tr>
<td>[Did most people agree/disagree? Was there consensus?]</td>
</tr>
<tr>
<td>[What were the other reasons?]</td>
</tr>
<tr>
<td>2. In the past several years, the following action plans have been implemented to address these concerns:</td>
</tr>
<tr>
<td>a. Were you aware of these action plans?</td>
</tr>
<tr>
<td>b. Did you know these resources are available to the community?</td>
</tr>
<tr>
<td>c. Have you or a family member utilized any of these resources?</td>
</tr>
<tr>
<td>i. If yes, were they helpful?</td>
</tr>
<tr>
<td>ii. If no, what is preventing you or a family member from using these resources?</td>
</tr>
<tr>
<td>d. What other resources would you like to see to address these top concerns?</td>
</tr>
<tr>
<td>[Were most people aware/unaware of action plans?]</td>
</tr>
<tr>
<td>[Did most participants know these resources were available?]</td>
</tr>
<tr>
<td>[Did most participants or their family members utilize the resources?]</td>
</tr>
<tr>
<td>[Were resources mostly helpful or unhelpful?]</td>
</tr>
<tr>
<td>[What were major issues preventing participants from using resources]</td>
</tr>
<tr>
<td>3. Are there any other health concerns you think the hospital could address to make this community healthier? Specifically, what resources, changes, or improvements would you like to see to address these concerns?</td>
</tr>
</tbody>
</table>
4. If you had one suggestion on how to improve the health of your community, what would that be?

[What were the most common improvements suggested?]

- 

Facilitator and Recorder Name(s) | Email Address(es): | Phone Number(s):
--- | --- | ---
Jay Croy | Jcroy@OrchardHospital.com | 530-846-9000
Lyndi Little Wallace | Ilittle@OrchardHospital.com | 530-846-9000
News Release

County residents invited to focus groups on community health

Together We Can! Healthy Living in Butte County and four local hospitals have teamed up to continue addressing the health needs of Butte County residents

CHICO, Calif., AUGUST 2, 2016 – Four area hospitals (Enloe Medical Center, Feather River Hospital, Orchard Hospital and Oroville Hospital), in partnership with the Together We Can, Healthy Living in Butte County community collaborative, are partnering to complete the latest county-wide community health needs assessment (CHNA).

Since the last CHNA in 2013, much work has been done toward improving the top identified health needs in Butte County, including multiple surveys that have collected feedback on local health needs. Now residents of Butte County are invited to attend one of several upcoming focused discussion groups to learn what has been done to address the identified needs, share their insight into changes that have occurred, and help shape the direction of the action plans for 2017-2019.

Focused discussion groups:

- **Chico** | Thursday, Aug. 11 (10 a.m. to Noon) and Thursday, Aug. 18 (4:30-6:30 p.m.)
- **Gridley** | Tuesday, Aug. 2 (5-8 p.m.) and Thursday, Aug. 4 (Noon to 1:30 p.m.)
- **Oroville** | Monday, Aug. 1 (Noon to 1 p.m.) and Tuesday, Aug. 9 (Noon to 1 p.m.)
- **Paradise** | Wednesday, Aug. 3 (5:30-7 p.m.) and Tuesday, Aug. 9 (11:30 a.m. to 1 p.m.)

Find additional information and RSVP to save your space at [togetherwecanbc.com](http://togetherwecanbc.com).

Under the Affordable Care Act, hospitals throughout the country are required to conduct a Community Health Needs Assessment every three years and develop an action plan in response to the findings. “The collaborative approach taken over the past three years to improve the health of Butte County has been inspiring,” said Deanna Reed, Enloe Medical Center’s Community Outreach Coordinator. “Now we’re taking it to the next level, looking at what’s already been done along with ways to advance all the good work taking place, ensuring we’re moving forward in a positive direction to truly enact change.”

The most recent survey findings are available on the Together We Can, Healthy Living in Butte County website. Results from this year’s CHNA and subsequent action plans will be made available by the hospitals involved later this year.
Enloe Medical Center is a local, nonprofit health care organization. For more information, please call (530) 332-7300 or visit us online at http://www.enloe.org. Enloe Medical Center is located at 1531 Esplanade, Chico, Calif. 95926.

Feather River Hospital is part of Adventist Health, a faith-based, not-for-profit integrated health care delivery system serving communities in California, Hawaii, Oregon and Washington. Feather River Hospital is located at 5974 Pentz Road, Paradise, Calif. 95969. For more information, please call (530) 876-7208 or visit us online at http://www.frhosp.org.

Orchard Hospital is a local, nonprofit health care organization. For more information, please call (530) 846-9000 or visit us online at http://www.orchardhospital.com. Orchard Hospital is located at 240 Spruce Street, Gridley, Calif. 95948.

Oroville Hospital is a local, nonprofit health care organization. For more information, please call (530) 533-8500 or visit us online at http://www.orovillehospital.com. Oroville Hospital is located at 2767 Olive Highway, Oroville, Calif. 95966.

Together We Can! Healthy Living in Butte County is a community partnership bringing together, among others, representatives not just from health and healthcare organizations, but also community members, businesses, public safety, education, government, non-profits and many more organizations to build strategies to realize a shared vision of a healthier Butte County. Learn more at http://togetherwecanbc.com.
Appendix 3
Healthy Living in Butte County
Community Health Survey

Please take 15-20 minutes to complete the survey below. The purpose of this survey is to get your opinions about community health issues in Butte County. Healthy Living in Butte County (HLBC) will use the results of this survey and other information to determine the most often identified problems that can be addressed through community action.

All survey answers are strictly confidential; the results will be reported in a summarized manner in such a way that individual information cannot be identified. You can skip any question that you do not feel comfortable answering.

Your opinion is important! If you have already completed a survey, please don’t fill out another one. Thank you, and if you have any questions, please contact us (see contact information at the end of the survey).

1. Where do you live? Please check one (1) from the following list:

- [ ] Bangor
- [ ] Clipper Mills
- [ ] Gridley
- [ ] Thermalito
- [ ] Berry Creek
- [ ] Cohasset
- [ ] Magalia
- [ ] Palermo
- [ ] Biggs
- [ ] Concow
- [ ] Oroville
- [ ] Yankee Hill
- [ ] Butte Meadows
- [ ] Durham
- [ ] Paradise
- [ ] Nord
- [ ] Cherokee
- [ ] Forbestown
- [ ] South Oroville
- [ ] Stirling City
- [ ] Chico
- [ ] Forest Ranch
- [ ] Richvale
- [ ] Honcut
- [ ] Other__________________________

2. Where do you work? Please check one (1) from the following list:

- [ ] Biggs
- [ ] Chico
- [ ] Gridley
- [ ] Paradise
- [ ] Magalia
- [ ] Durham
- [ ] Richvale
- [ ] Thermalito
- [ ] Palermo
- [ ] Oroville
- [ ] Work outside Butte County
- [ ] Do not work
- [ ] Other__________________________________________
3. In the list below, what do you think are the **three** most important factors that make Butte County a good place to live?

**Please check only three (3) from the following list:**

- Community involvement
- Healthy behaviors and lifestyles
- Low crime/safe neighborhoods/ strong law enforcement services
- Low death and disease rates
- Good schools
- Religious or spiritual values
- Access to health care/ health care is available when needed
- Arts and cultural events
- Clean environment
- Values diversity, tolerance and inclusiveness
- Affordable housing
- Good jobs and healthy economy
- Strong family life
- Good hospitals
- Sense of community
- Dedicated residents/volunteerism
- Culturally appropriate services and opportunities
- Many effective community-based and non-profit organizations
- Many health care providers
- Support networks for individuals and families
- Dental vans
- Specialized health care
- Parks and recreation (includes bike paths, hiking trails)
- Good transportation services
- Clean environment
- Access to healthy food
- Support for seniors/elderly
- Quality child care/afterschool care
- Quality early childhood education
- Other

Please turn to the next page
4. In the list below, what do you think are the three most important health issues in Butte County? The most important health issues are those that you feel have the greatest impact on overall community health in Butte County.

Please check only three (3) from the following list:

- Vaccinations
- Violence/crime (e.g., gangs, firearm-related injuries)
- Mental health issues (e.g., depression or emotional problems, suicide)
- Sexually transmitted diseases (e.g., Syphilis, gonorrhea, chlamydia)
- Teenage pregnancy
- Domestic violence
- Child abuse / Child neglect
- Poverty
- Healthy food access/poor diet
- Inactivity/Lack of exercise
- Unsafe roads
- Walkability/bike-ability (sidewalk conditions, bike lanes, etc.)
- Lack of Transportation
- Lack of affordable childcare
- Lack of dental/oral health
- HIV/AIDS
- Obesity (being overweight)
- Homelessness
- Tobacco use
- Alcohol and drug abuse (substance abuse)
- Lack of access to health care
- Chronic diseases (e.g., cancer, diabetes, high blood pressure)
- Aging related health issues (e.g., arthritis, hearing, vision loss, etc.)
- Agricultural pesticide exposure
- Air quality
- Water quality
- Motor vehicle crashes
- Unsafe/distracted driving
- Lack of safe and affordable housing
- Lack of senior services/aging
- Other________________________________________

Please turn to the next page
5. I think Butte County is a _____ community to live in.
   
   Check one (1) to fill in the blank in the above statement:
   
   [ ] Very Unhealthy
   [ ] Moderately Healthy
   [ ] Healthy
   [ ] Very Healthy

6. I think Butte County is a _____ place to grow up or raise children.
   
   Check one (1) to fill in the blank in the above statement:
   
   [ ] Very Unsafe
   [ ] Unsafe
   [ ] Moderately Safe
   [ ] Safe
   [ ] Very Safe

7. What would you like to see improved in the physical environment of Butte County?
   
   Please let us know how important each of the following items is to you:

<table>
<thead>
<tr>
<th>Item</th>
<th>Very Unimportant</th>
<th>Unimportant</th>
<th>Moderately Important</th>
<th>Important</th>
<th>Very important</th>
</tr>
</thead>
<tbody>
<tr>
<td>Transportation</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sidewalks</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Bikeways bike lanes?</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Park safety</td>
<td></td>
<td></td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Park amenities, including toddler playground area</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Other: ______________________________________</td>
<td></td>
<td></td>
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<td></td>
</tr>
</tbody>
</table>

8. Are you satisfied with your current housing situation?  [ ] Yes  [ ] No

8.1 If no, why not? Check all numbers that apply:

   [ ] Too small
   [ ] Too many people living in the same home (i.e., over-crowded)
   [ ] Problems with other people, such as neighbors
   [ ] Too run down, unsafe, or unhealthy
   [ ] Too expensive
   [ ] Too far from town/services
   [ ] Other: ____________________________

   Please turn to the next page
9. A group of community members has been working together to help Butte County build a vision and a set of values for a healthy community. They identified the following items as part of that vision and the values that would support it.

9.1 Please check the box that describes how important you feel each item is as a part of a vision for community health. A vision provides a goal for the future, a statement of where we want the health of our community to be in 5-10 years.

| All of our communities have a safe and reliable transportation system. | Very Unimportant | Unimportant | Moderately Important | Important | Very important |
| Residents receive a high quality education from preschool through high school. |
| Everyone has information and access to quality, integrated health care services with a focus on health education, prevention, and healthy lifestyles. |
| Our community values the mental health and well-being of each individual and provides clear information and readily available mental health services. |
| We support a positive environment with opportunities for creativity, exercise, and outdoor recreation. |
| We promote a smoke and drug-free environment with access to effective substance abuse treatment. |
| Our community attracts a variety of desirable employment opportunities. |
| Community members have access to nourishing and affordable food, including fresh fruits and vegetables. |
| Our children are born healthy into a safe and supportive environment that promotes responsive parenting and breastfeeding. |
| Our air and water are clean, and we have safe, designated outdoor spaces for physical activity. |
| All residents live in safe, affordable housing that meets their needs. |
| Our community supports the diversity and dignity of each person. |

What other ideas would you like to elaborate on or add to this vision? Please write your suggestions here:

____________________________________________________________________________________________
____________________________________________________________________________________________

Please turn to the next page
9.2. Please check the box that describes how important you feel each item is as a value that supports achieving a vision of community health. Values are the beliefs we act upon and support how we work together to achieve our vision.

<table>
<thead>
<tr>
<th></th>
<th>Very Important</th>
<th>Unimportant</th>
<th>Moderately Important</th>
<th>Important</th>
<th>Very Important</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dignity and respect</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Honesty and integrity</td>
<td></td>
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</tr>
<tr>
<td>Compassion</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Open communication and transparency</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Collaboration</td>
<td></td>
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<td></td>
</tr>
<tr>
<td>Environmentally sensitive</td>
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</tr>
<tr>
<td>Results-oriented</td>
<td></td>
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</tr>
<tr>
<td>Cultural Diversity</td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Broad representation</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Recognizing that people are our highest value</td>
<td></td>
<td></td>
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</tr>
</tbody>
</table>

What other values would you like to elaborate on or add? Please write your suggestions here:
_______________________________________________________________________________________
___________________________________________________________________________________

10. Where do you go most often to access health care services for yourself and your family?

**Check one (1) that best applies:**

- [ ] Butte County hospitals including emergency services
- [ ] Clinics/ health centers
- [ ] Private Doctor's Office
- [ ] Veterans Affairs (VA)
- [ ] Schools/university based health centers
- [ ] Mobile health vans
- [ ] Alcohol or drug dependency programs
- [ ] Other______________________________

_______________________________________________________________________________________

___________________________________________________________________________________
11. If you got health care services outside of your home city, which **one** reason below best matches why?

**Check one (1) reason that best matches why:**

- [ ] My doctor of choice is in another city
- [ ] No doctors accept Medicare or Medi-Cal
- [ ] No providers for services I need
- [ ] My insurance only covers doctors in another area
- [ ] Other _________________________________________________________________

12. **Within the past year,** what types of mental health services did you or anyone in your family use?

**Check all that apply:**

- [ ] None
- [ ] Counseling/therapy
- [ ] Crisis care/emergency mental health services
- [ ] Residential treatment
- [ ] Hospitalization
- [ ] Needed services, but did not use because ________________________________
- [ ] Psychiatric Medication Management

13. If you needed mental health care services in the past year, were you able to get these services in Butte County?

**Check one (1) that best applies:**

- [ ] Yes
- [ ] I was able to get some services in Butte County but not all the services that I needed.
- [ ] No
- [ ] I did not need any mental health care services.

If no, please explain why you were not able to get mental health care services in Butte County: _____________________________________________________________

Please turn to the next page
14. How do you pay for your health care?

**Check all that apply:**
- No insurance (pay cash)
- Medicare Supplemental Insurance
- Health Insurance (e.g., private insurance, Blue Shield, HMO)
- Veterans Administration
- Covered California
- Indian Health Services
- Medicare
- Other________________________
- Free services

15. Within the past year, what types of social service benefits did you or anyone in your family receive?

**Check all that apply:**
- None
- Subsidized child care
- Food stamps (SNAP/CalFresh)
- Child welfare services
- Respite care
- Unemployment services
- CalWORKS
- Legal Aid
- Housing assistance
- Social Security (including SSI and SSDI)
- Medi-Cal/Medicare
- Other________________________
- Veterans Affairs (VA) benefits

16. If you received benefits, were you able to get them in Butte County? **(Check one)**

- Yes
- No, if no please explain:_______________________________________________________

17. Do you think there are enough jobs in Butte County?

For adults? Aged 18 years and over
- Yes
- No

For youth? Under 18 years of age
- Yes
- No

18. Are you currently employed? **(Check one)**

- Not employed
- Self-employed
- Employed part-time
- Employed full time

*Please turn to the next page*
19. If not working, what is the main reason you are not working? (Check one)

☐ Medically ill or disabled    ☐ Taking care of family
☐ Cannot find work    ☐ Need training
☐ Retired    ☐ Student
☐ Other________________________

20. How much stress do you feel at your job on a regular basis? (Check one)

☐ No stress    ☐ Some stress    ☐ A lot of stress    ☐ Too much stress    ☐ Not working

21. In Butte County, the places where I go for recreation most often are:

Check only three (3) boxes from the list below:

☐ Parks/rivers/lakes/beaches/woods    ☐ Restaurants
☐ Movie theaters    ☐ Centers for yoga, tai-chi, etc.
☐ Live theater/performances    ☐ Church
☐ Social club/service club    ☐ Senior center
☐ Sports fields    ☐ Library
☐ Swimming pools    ☐ Neighborhood (walking/biking)
☐ Health/fitness clubs    ☐ Bars
☐ Casinos    ☐ Other________________________

22. Recreation activities that I would use if they were available in Butte County are:

____________________________________________________________________________________
____________________________________________________________________________________

23. Approximately how many hours per month do you participate in volunteer activities (for example, in schools, hospitals, non-profit organizations and churches)? (Check one)

☐ None    ☐ 1 to 5 hours    ☐ 6 to 10 hours    ☐ Over 10 hours

Please turn to the next page
24. Type of volunteer activities that most interest you (check all that apply):

- Fundraising
- General office services
- Collect, prepare, distribute or serve food
- Tutoring or teaching
- Collect, make, or distribute clothing, crafts, or goods
- Mentor youth
- Emergency services volunteer
- Coach, referee, or supervise sport teams
- Be an usher, greeter, or minister
- Music performance, or other artistic activities
- Other______________________________

25. Do you use the following substances?

<table>
<thead>
<tr>
<th>Substances</th>
<th>Every Day</th>
<th>Some Days</th>
<th>Not At All</th>
<th>Do Others Within Your household Use?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alcohol</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cigarettes</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Electronic Cigarettes</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Chew, Snus or Snuff</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cigars and Cigarillos</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cocaine</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Crystal Methamphetamine (Meth)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Heroin</td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Marijuana</td>
<td></td>
<td></td>
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<td></td>
</tr>
<tr>
<td>Synthetic Marijuana (also called K2, Spice, Fake, King Kong, Yucatan Fire, Skunk, or Moon Rocks)</td>
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<td></td>
</tr>
</tbody>
</table>

Please turn to the next page
Please answer the following questions about yourself so we can see how different types of people feel about these local health issues.

26. Zip code where you live: ________________

27. How would you classify your gender identity?
   - [ ] Male
   - [ ] Female
   - [ ] Transgender male (assigned female at birth, identifies as male)
   - [ ] Transgender female (assigned male at birth, identifies as female)
   - [ ] If your identity is not listed above, please self-identify: _______________________________

28. How do you identify your sexual orientation?
   - [ ] Heterosexual
   - [ ] LGBQ+ (Lesbian, Gay, Bisexual, Queer, Questioning, Pansexual, Asexual, 2-Spirit)
   - [ ] If your identity is not listed above, please self-identify: _______________________________

29. Your age (birth month and year):
   - [ ] Under 18 years
   - [ ] 18-25 Years
   - [ ] 26-39 Years
   - [ ] 40-54 Years
   - [ ] 55-64 Years
   - [ ] 65-80 Years
   - [ ] Over 80 years

30. Ethnic group(s) you most identify with:
   - Check one (1) that applies.
     - [ ] Hispanic/Latino
     - [ ] Non-Hispanic/Non-Latino
     - [ ] Unknown

   Please turn to the next page
31. What is your race? **(Check all that apply)**

- [ ] African-American/Black  
- [ ] American Indian/Alaska Native  
- [ ] White  
- [ ] Asian  
- [ ] Asian Indian  
- [ ] Hmong  
- [ ] Chinese  
- [ ] Filipino  
- [ ] Laotian  
- [ ] Pacific Islander  
- [ ] Native Hawaiian  
- [ ] Other *(specify)*: ____________________________

32. Your highest educational level: **(Check one)**

- [ ] Less than high school  
- [ ] Associate or Technical Degree  
- [ ] College degree (4 year)  
- [ ] High school Diploma  
- [ ] GED  
- [ ] Graduate or professional degree or higher  
- [ ] Other_____________________________________

33. Annual household income: **(Check one)**

- [ ] Less than $20,000  
- [ ] $20,000 to $34,999  
- [ ] $35,000 to $49,999  
- [ ] $50,000 to $64,999  
- [ ] $65,000 to $79,999  
- [ ] $80,000 to $100,000  
- [ ] Over $100,000  

34. Number of people in your household*: ____________________

*Household means the number of family and non-family members living in the same house together.

35. How many children aged 5 years or younger live within the household?

- [ ] 0  
- [ ] 1-2  
- [ ] 3-4  
- [ ] 5 or more  

*Please turn to the next page*
36. How did you find this survey? (Check one)

☐ Church

☐ Community meeting/ Event

☐ Electronic mail

☐ Grocery store/ Shopping Mall

☐ Other ____________________________

Thank you very much for your response!

Please return completed surveys to the address below by October 17, 2014. You can drop off completed surveys at any of the following Butte County Library Locations:

**Chico Branch**
1108 Sherman Ave.
Chico, CA 95926
530-891-2762

**Gridley Branch**
299 Spruce St.
Gridley, CA 95948
530-846-3323

**Oroville Branch**
1820 Mitchell Ave.
Oroville, CA 95966
530-538-7641

**Paradise Branch**
5922 Clark Rd.
Paradise, CA 95969
530-872-6320

You can also scan and fax or email the completed surveys. If you would like more information about this project, please contact us at the number below.

Mail completed surveys to:
Attn: Gene Azparren
Butte County Public Health Department
202 Mira Loma Drive
Oroville, CA 95965
Phone: 530-538-7009 - Fax: 530-538-2164
Email: gazparren@buttecounty.net
Appendix 4
Prioritization of Health Needs

The administrative team prioritized the health needs of the community primarily based on the results of the survey with the exception of the number three priority, Cancer.

Cancer was placed as a higher priority than Heart Disease/High Blood Pressure due to the current countywide implementation of a federally funded smoking cessation program. We will focus on Cancer as a result of tobacco use.

Orchard Hospital, Butte County Department of Public Health are working collaboratively to increase Cancer awareness as it specifically relates to the use of tobacco.
Appendix 5
<table>
<thead>
<tr>
<th><strong>BUTTE COUNTY (SOUTH) RESOURCES</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Hospitals</strong></td>
</tr>
<tr>
<td>Orchard Hospital</td>
</tr>
<tr>
<td>Oroville Hospital</td>
</tr>
<tr>
<td>Enloe Medical Center</td>
</tr>
<tr>
<td>Rideout Health</td>
</tr>
<tr>
<td>Feather River Adventist Health</td>
</tr>
<tr>
<td><strong>Health Clinics</strong></td>
</tr>
<tr>
<td>Medical Specialty Center Clinic</td>
</tr>
<tr>
<td>Medical Specialty Center Oroville</td>
</tr>
<tr>
<td>Feather River Tribal Health</td>
</tr>
<tr>
<td>Ampla Clinic (Gridley)</td>
</tr>
<tr>
<td><strong>County Health</strong></td>
</tr>
<tr>
<td>Butte County Behavioral Health</td>
</tr>
<tr>
<td>Victim Witness</td>
</tr>
<tr>
<td><strong>Home Health Care</strong></td>
</tr>
<tr>
<td><strong>Hospice</strong></td>
</tr>
<tr>
<td>Butte Home Health &amp; Hospice</td>
</tr>
<tr>
<td><strong>Assisted Living</strong></td>
</tr>
<tr>
<td>Gridley Health and Wellness</td>
</tr>
<tr>
<td>Larkin Guest Home</td>
</tr>
<tr>
<td>River Valley Care Center</td>
</tr>
<tr>
<td><strong>Skilled Nursing Facilities</strong></td>
</tr>
<tr>
<td>Hovlid Community Care Center</td>
</tr>
<tr>
<td><strong>Community Assistance</strong></td>
</tr>
<tr>
<td>Oroville Homeless Coalition</td>
</tr>
<tr>
<td>Meals on Wheels</td>
</tr>
<tr>
<td><strong>Domestic Violence</strong></td>
</tr>
<tr>
<td>Catalyst (Oroville)</td>
</tr>
<tr>
<td><strong>Pharmacies</strong></td>
</tr>
<tr>
<td>CVS Pharmacy</td>
</tr>
<tr>
<td>Rite Aid Pharmacy</td>
</tr>
<tr>
<td>Safeway Pharmacy</td>
</tr>
</tbody>
</table>
Appendix 6
Orchard Hospital
Gridley, California

Community Health Needs Assessment
Implementation Plan
2016

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Priority: Obesity .................................................................................................................. 1
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Priority: Cancer (specifically related to tobacco use) ........................................................ 3
Priority: Heart Disease/High Blood Pressure ................................................................. 4
Priority: Mental Health Issues......................................................................................... 4
Priority: Teen Pregnancy/ OB/GYN Services................................................................. 4
Priority: Respiratory/Lung Disease ............................................................................... 4
Priority: Stroke ............................................................................................................... 5
Priority: Suicide .............................................................................................................. 5
Priority: Obesity

Objective/Strategy
Enhance care for Childhood Obesity. Orchard Hospital will provide educational information and offer a yearly Fitness Challenge for those children being treated at our health care clinic, between the ages of 8 and 18 with weight loss.

How
Utilize the website and social media outlets to include marketing of programs and services available throughout our community for childhood obesity. Communicate service offered through local Service Clubs, Schools, Churches and at Orchard Hospital through existing and new community marketing. Orchard Hospital employees will be encouraged to participate.

Programs/Resources to Commit
Collaborate with local schools and partner with school nurses and the Center for Nutrition & Activity Promotion. Offering a Summer Program for Nutrition and Activities while supporting play 60.

Impact of Programs/Resources on Health Need
• See a marked improvement in management of individual weight and nutrition. This will be evidenced by increased activity among children/teens as well as weight loss.

Accountable Parties
• Shauna Huston, Orchard Hospital Registered Dietician in Nutritional Services
• Kirsten Storne, Director of the Medical Specialty Center
• Jay Croy, RN, Education/Infection Prevention
• Lyndi Little Wallace, Orchard Hospital Director of Physician Recruitment, Marketing and Community Outreach

Partnerships/Collaboration
Butte County Public Health, Orchard Hospital Nutritional Services, Medical Specialty Center clinic, Local Service Clubs, and the Local School Districts.
**Priority: Diabetes**

**Objective/Strategy**
*Enhance care for Diabetes.* Orchard Hospital will provide diabetes education to patients identified by providers in the Medical Specialty Clinic. A provider will refer a patient to diabetic counseling with the registered dietician as needed.

**How**
*Upgrade website to include marketing of programs and services available throughout our community for diabetes. Patients will be referred when newly diagnosed with diabetes or as needed.*

**Programs/Resources to Commit**
*Orchard Hospital Dietitian and/or Provider (MD or FNP) will meet with the patient then have a 20-30 minute diabetic counseling session.*

**Impact of Programs/Resources on Health Need**
- *See a marked improvement in management of diabetes. This will be evidenced by lower blood sugar levels and weight loss when applicable.*

**Accountable Parties**
- *Julie Thompson, Orchard Hospital Registered Dietician in Nutritional Services*
- *Jay Croy-Jay Croy, Orchard Hospital RN, Education/Infection Prevention*
- *Kirsten Storne, Orchard Hospital, Director of the Medical Specialty Center*
- *Lyndi Little Wallace, Orchard Hospital Director of Physician Recruitment, Marketing and Community Outreach*

**Partnerships/Collaboration**
*Initially, this process will be in-house (utilizing the services of our Nutritional Services department and the Medical Specialty Center clinic).*
Priority: Cancer (specifically related to Tobacco use)

Objective/Strategy
Orchard Hospital will continue to promote smoking cessation among young people and adults within our community in order to decrease the % of those who smoke or use smokeless tobacco.

How
Upgrade website to include marketing of programs and services available throughout our community for Cancer related to the use of tobacco. Communicate services offered at Orchard Hospital through existing and new community marketing. Orchard Hospital employees will be encouraged to participate.

Programs/Resources to Commit
Currently Orchard Hospital is in collaboration with the Butte County Department of Public Health and Butte County Drug Abuse Task Force to implement a smoking cessation program. Work with the Local School Districts and the local Parks and Recreation Departments to roll-out programs to the youth. Promotion of this program will continue to be communicated to patients through staff and physicians. Work with our current Human Resource Department and healthcare insurance to offer incentives to our employees for participating in smoking cessation. Orchard Hospital will also be offering the Accessible Intervention and Respiratory Education (AIRE program) for those that have COPD.

Impact of Programs/Resources on Health Need
• Decline in the % of those who smoke or use smokeless tobacco
• Additional education to front-line staff

Accountable Parties
• Kirsten Storne, Orchard Hospital Director of the Medical Specialty Center
• Jodie, Brown Lead, Cardiopulmonary
• Jay Croy, RN, Orchard Hospital Education/Infection Prevention
• Lyndi Little Wallace, Orchard Hospital Director of Physician Recruitment, Marketing and Community Outreach

Partnerships/Collaboration
Orchard Hospital will work closely with Butte County Department of Public Health and Gridley/Biggs Unified School Districts.
Priority: Heart Disease/High Blood Pressure

Reason for not responding to this priority:
Currently, Orchard Hospital has cardiac services available for patients but no further resources are being committed to heart disease within our facility at this time. Orchard Hospital periodically offers or participates in local/community health fairs and provides information on heart disease and high blood pressures on an ongoing basis. Community members have many walk in locations available for blood pressure checks.

Priority: Mental Health Issues

Reason for not responding to this priority:
Orchard Hospital will be opening a senior life Solutions program that is designed to meet the unique needs of older adults struggling with depression and anxiety often related to aging. Orchard Hospital is unable to allocate funds to the recruitment of a Mental Health Service Provider to focus on all mental health issues and therefore, we are unable to respond to this priority. Orchard Hospital actively participates as able with county wide behavioral health initiatives and utilizes these resources to assist our community with behavioral health needs.

Priority: Teen Pregnancy/ Obstetrics and Gynecology (OB/GYN) Services

Reason for not responding to this priority:
Orchard Hospital only offers Gynecology Services. Orchard Hospital does not offer obstetrics care through our facility at this time. This priority is not currently in alignment with the organization’s strengths as we do not offer local pediatrics. County wide initiatives are in place to address this issue.

Priority: Respiratory/Lung Disease

Reason for not responding to this priority:
Currently, Orchard Hospital has respiratory services available for patients and AIRED Program. Our resources committed to the cancer and smoking cessation priority will include commitment to respiratory/lung disease within our facility at this time.
Priority: Stroke

Reason for not responding to this priority:
Existing local resources provided through other county hospitals and health facility providers address stroke. Orchard Hospital does not have the specialists or resources for this priority.

Priority: Suicide

Reason for not responding to this priority:
Suicide would be included in mental health services. Orchard Hospital is unable to allocate funds to the recruitment of a Mental Health Service Provider and therefore, we are unable to respond to this priority. Orchard Hospital actively participates as able with county wide behavioral health initiatives and utilizes these resources to assist our community with behavioral health needs.
Appendix 7
# Form 990 (Schedule H) Reference Chart

<table>
<thead>
<tr>
<th>Form 990 Question No.</th>
<th>Description</th>
<th>Reference Page in CHNA Document</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Fiscal Year End</td>
<td>June 30th</td>
</tr>
<tr>
<td></td>
<td>State</td>
<td>CA</td>
</tr>
<tr>
<td><strong>1</strong></td>
<td>During the tax year or any prior tax year, did the hospital facility conduct a community health needs assessment (Needs Assessment)? If &quot;No,&quot; skip to line 8. If &quot;Yes,&quot; indicate what the Needs Assessment describes (check all that apply):</td>
<td>Yes</td>
</tr>
<tr>
<td><strong>A</strong></td>
<td>A definition of the community served by the hospital facility</td>
<td>Pg 2</td>
</tr>
<tr>
<td><strong>BC</strong></td>
<td>Demographics of the community</td>
<td>Pg 5 Appendix 5</td>
</tr>
<tr>
<td></td>
<td>Existing health care facilities and resources within the community that are available to respond to the health needs of the community</td>
<td></td>
</tr>
<tr>
<td><strong>D</strong></td>
<td>How data was obtained</td>
<td>Pg 2</td>
</tr>
<tr>
<td><strong>EF</strong></td>
<td>The health needs of the community</td>
<td>Pg 12 Pg 12</td>
</tr>
<tr>
<td></td>
<td>Primary and chronic disease needs and other health issues of uninsured persons, low-income persons, and minority groups</td>
<td></td>
</tr>
<tr>
<td><strong>G</strong></td>
<td>The process for identifying and prioritizing community health needs and services to meet the community health needs</td>
<td>Pg 12 and Appendix 4</td>
</tr>
<tr>
<td><strong>H</strong></td>
<td>The process for consulting with persons representing the community's interests</td>
<td>Appendix 1 and 2</td>
</tr>
<tr>
<td><strong>I</strong></td>
<td>Information gaps that limit the hospital facility's ability to assess all of the community's health needs</td>
<td>Pg 4</td>
</tr>
<tr>
<td><strong>J</strong></td>
<td>Other (describe in Part VI)</td>
<td>Appendix 3: Survey</td>
</tr>
<tr>
<td><strong>2</strong></td>
<td>Indicate the tax year the hospital facility last conducted a Needs Assessment: 2013</td>
<td>2013</td>
</tr>
<tr>
<td><strong>3</strong></td>
<td>In conducting the most recent Needs Assessment, did the hospital facility take into account input from persons who represent the community served by the hospital facility? If &quot;Yes,&quot; describe in Part VI how the hospital facility took into account input from persons who represent the community, and identify the persons the hospital facility consulted</td>
<td>Yes</td>
</tr>
</tbody>
</table>
### Form 990 (Schedule H) Reference Chart (continued)

<table>
<thead>
<tr>
<th>Form 990 Question No.</th>
<th>Description</th>
<th>Reference Page in CHNA Document</th>
</tr>
</thead>
<tbody>
<tr>
<td>4</td>
<td>Was the hospital facility's Needs Assessment conducted with one or more other hospital facilities? If &quot;Yes,&quot; list the other hospital facilities in Part VI.</td>
<td>Yes (See Part VI)</td>
</tr>
<tr>
<td>5</td>
<td>Did the hospital facility make its Needs Assessment widely available to the public? If &quot;Yes,&quot; indicate how the Needs Assessment was made widely available (check all that apply):</td>
<td>Yes</td>
</tr>
<tr>
<td>A</td>
<td>Hospital facility's website</td>
<td>Yes</td>
</tr>
<tr>
<td>B</td>
<td>Available upon request from the hospital facility</td>
<td>Yes</td>
</tr>
<tr>
<td>C</td>
<td>Other (describe in Part VI)</td>
<td>See Part VI</td>
</tr>
<tr>
<td>6</td>
<td>If the hospital facility addressed needs identified in its most recently conducted needs Assessment, indicate how (check all that apply):</td>
<td>Yes</td>
</tr>
<tr>
<td>A</td>
<td>Adoption of an implementation strategy to address the health needs of the hospital facility's community</td>
<td>Appendix 6</td>
</tr>
<tr>
<td>B</td>
<td>Execution of the implementation strategy</td>
<td>Appendix 6</td>
</tr>
<tr>
<td>C</td>
<td>Participation in the development of a community-wide community benefit plan</td>
<td>Appendix 6</td>
</tr>
<tr>
<td>D</td>
<td>Participation in the execution of a community-wide community benefit plan</td>
<td>Appendix 6</td>
</tr>
<tr>
<td>E</td>
<td>Inclusion of a community benefit section in operational plans</td>
<td>Appendix 6</td>
</tr>
<tr>
<td>F</td>
<td>Adoption of a budget for provision of services that address the needs identified in the Needs Assessment</td>
<td>N/A</td>
</tr>
<tr>
<td>G</td>
<td>Prioritization of health needs in its community</td>
<td>Appendix 6</td>
</tr>
<tr>
<td>H</td>
<td>Prioritization of services that the hospital facility will undertake to meet health needs in its community</td>
<td>Appendix 6</td>
</tr>
<tr>
<td>I</td>
<td>Other (describe in Part VI)</td>
<td>N/A</td>
</tr>
<tr>
<td>7</td>
<td>Did the hospital facility address all of the needs identified in its most recently conducted Needs Assessment? If &quot;No,&quot; explain in Part VI which needs it has not addressed and the reasons why it has not addressed such needs</td>
<td>Yes</td>
</tr>
</tbody>
</table>
Other: Part VI

#4 – Was the hospital facility’s Needs Assessment conducted with one or more other hospital facilities? If “Yes”, list the other hospital facilities in Part VI.

Orchard Hospital worked collaboratively with the following hospitals and public health entity to complete the data gathering process for the Community Health Needs Assessment:

- Enloe Medical Center
- Feather River Hospital Adventist Health
- Oroville Hospital
- Butte County Department of Public Health

#5C – Did the hospital facility make its Needs Assessment widely available to the public? Other (describe in Part VI).

1. Notification to the public that the Orchard Hospital Community Health Needs Assessment was available for review and was placed in the local newspaper with the website link to access the report.
2. Notification to all of our employees was made through a facility wide mass email. Email included a link to the report on our website and an attachment (PDF) of the report.
3. Notification to our employees was also placed on our intranet along with a PDF of the report.